

# John Mize

## **How many classes/years have you taught at LifeQuest?**

- Before this one, one class this year.

## **Please list your most recent job title:**

- Consulting Manager – IT Strategy and Infrastructure  
Cap Gemini LLC.

## **What is your educational background?**

- BS Industrial Management U of A Fayetteville
- MBA U of A Little Rock
- Post Graduate Studies in Religion at the University of Chicago

## **Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:**

- Information Technology Infrastructure Library - Master Certification
- Manager Level Three Support Desktop and Midrange Systems

## **Please tell us why you like to (or are interested in) teaching at LifeQuest:**

- Sharing knowledge is as good an excuse as any for learning more stuff.

## **List three distinctive personal facts about yourself:**

1. I have a big Harley-Davidson motorcycle.
2. My dog Pongo likes to ride the motorcycle almost as much as I do.
3. I try to attend at least 6 yoga classes a week.