

Lynn Senn

How many classes/years have you taught at LifeQuest?

- This is my first class to facilitate.

Please list your most recent job title:

- Legal Advisor with the Workers Compensation Commission (retired)

What is your educational background?

- Bachelor of Arts in Elementary Education
- Master of Science in Counseling Psychology with additional hours for school counseling certification
- Juris Doctorate

Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:

- During a LifeQuest class session, I learned about dream work. At the end of that session
- I was invited to join a dream group, which I did. I participated in that group and then another over many (10) years.
- I also attended a Natural Spirituality workshop in Little Rock when the author of that book, Joyce Rockwood Hudson, came to Little Rock.
- Last February, I attended the Natural Spirituality Regional Gathering at Mikell Camp and Conference Center, Toccoa, Georgia.

Please tell us why you like to (or are interested in) teaching at LifeQuest:

- I thought it would be interesting to try the ideas in this book with a group. I find some books are better digested in a group. Also, I never thought of leading a LifeQuest group, but after taking Ed Barham's "The Artist's Way," LifeQuest class, the idea came to me that this would be a perfect place to try out exploring this book.

List three distinctive personal facts about yourself:

1. When I went to law school, I was the 2nd oldest person in my class (age = 48 to 52.) The oldest was a woman who was 10 years older than I was.
2. I am married to Jerry Senn who teaches US History classes at LifeQuest. We began seeing each other after a Hall High class reunion and have been married 12 years.
3. After taking The Artist's Way last Spring, I decided to learn to play clarinet. I'd talked about it, but never thought I'd actually do it. So I took lessons from Andy Wen at UALR.