

Shelia Peters

When did you begin teaching at LifeQuest?

- Fall 2019 is my first time to teach at LifeQuest.

Please list your most recent job title:

- Librarian at the NCTR Branch of the FDA Library.

What is your educational background?

- I hold a B.S.E. in Secondary English Education from the University of Arkansas, Fayetteville, and an M.L.I.S in Library and Information Science from Louisiana State University, Baton Rouge, LA.

Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:

- I have participated in numerous silent retreats since the 1990's, the longest a 10-day silent retreat in Grand Coteau, LA. I have received meditation instruction from Rinpoche Anam Thubten of the Dharmata Foundation, Anna Cox and Cheryl Woodard of the Ecumenical Buddhist Society, and Joy Fox of the Wattle Hollow Retreat Center. I am a supporter of the Ecumenical Buddhist Society and the Arkansas House of Prayer.

Please tell us why you like to (or are interested in) teaching at LifeQuest:

- LifeQuest has generously allowed me to attend classes on scholarship and volunteering is my way of giving back for all the benefits I've experienced. The practice of silence as a spiritual path has changed my life, and I want to share my experience with others.

List three distinctive personal facts about yourself:

1. I travelled America and Canada with my husband in an 18-wheeler and loved calling a big truck home.
2. I met Sir Paul McCartney in 1968 and my article, "The Day Paul McCartney Held my Hand," will be published on the web site, becomingscollective.org in September.\
3. My husband and I were caretakers of Wattle Hollow Retreat Center in Northwest Arkansas for three consecutive Winters where we experienced life without indoor toilets, made friends with armadillos and possums, and enjoyed solitude and lovely silence.