LifeQuest of Arkansas presents...

Tropical Costa Rica



For more information contact
Collette
(800) 581-8942
Please refer to booking #1123225



9 Days • 14 Meals: 8 Breakfasts, 1 Lunch, 5 Dinners

HIGHLIGHTS... San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour, Guanacaste

ITINERARY AT A GLANCE

Day 1	Doubletree Cariari Hotel, San Jose
Days 2 – 4	Arenal Springs Resort & Spa, Arenal

Days 5, 6 El Establo, Monteverde

Days 7, 8 Nammbu Beachfront Bungalows, Guanacaste On some dates alternate hotels may be used. Day 1: Thursday, February 1, 2024 San Jose, Costa Rica - Tour Begins Your trip to Costa Rica opens in the colorful capital city of San Jose, the perfect place to relax and soak up the sights as your adventure begins.

Day 2: Friday, February 2, 2024 San Jose - Coffee Plantation - Arenal Welcome to the Central Valley. Begin with a tour of a local coffee plantation highlighting the history and cultivation of this driver of the Costa Rican economy. This afternoon, check in for a leisurely 3-night stay at a lodge overlooking the majestic Arenal Volcano. Get to know the Costa Rican culture this evening. (B, D)

Day 3: Saturday, February 3, 2024 Arenal - Cano Negro - Arenal Embark on a Cano Negro guided riverboat trip in a covered canoe known as a panga. These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of caimans, river otters, sloths, monkeys, river turtles, exotic birds and rare butterflies. Later, return to Arenal for the chance to relax during an optional spa visit. (B)

Day 4: Sunday, February 4, 2024 Arenal Today, explore a family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a "classroom without borders." Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch. (B, L)

Day 5: Monday, February 5, 2024 Arenal - Lake Arenal Cruise - Monteverde Enjoy a delightful cruise on Lake Arenal, Costa Rica's largest and most important lake. Then, it's off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet! Set off on a nature walk through this spectacular ecosystem, where you're sure to encounter many incredible species of flora and fauna. (*B*, *D*)

Day 6: Tuesday, February 6, 2024 Monteverde It's your choice! Explore one of the world's largest butterfly gardens. Then, join an expert for a leisurely paced "Hanging Bridges" walking tour to gain a different perspective of the cloud forest's lush ecosystem -OR- take an exhilarating ride on one of the longest canopy zip line tours in Costa Rica. If you would like to do both the hanging bridges and the zip line tour, you may purchase the second as an option on tour. (B, D)

Day 7: Wednesday, February 7, 2024 Monteverde - Guanacaste Today we make our way to breathtaking Guanacaste, known for its fine sandy beaches. Settle in for a relaxing 2-night stay at your resort and take in the mesmerizing ocean views. (*B*, *D*)

Day 8: Thursday, February 8, 2024 Guanacaste Fun in the sun is in store today as you explore the nearby beaches, or simply relax by the pool and take advantage of your resort's lovely amenities. This afternoon, visit the delightful beach town of Samara, one of the top sunset spots in Costa Rica. Soak in the spectacular colors as the sun illuminates the natural landscape. (B, D)

Day 9: Friday, February 9, 2024 Guanacaste - Tour Ends Today you depart for home with fabulous memories of your Costa Rican adventure. (*B*)







Book Now & Save \$100 Per Person:

Double \$3,099; Single \$3,799; Triple \$3,069

Triple \$2,969

For bookings made after Aug 01, 2023 call for rates.

Included in Price: Round Trip Air from Little Rock Regional Airport, Air Taxes and Fees/Surcharges, Hotel Transfers **Not included in price:** Cancellation Waiver and Insurance of \$399 per person

* All Rates are Per Person and are subject to change, based on air inclusive package from LIT

IMPORTANT CONDITIONS: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

PLEASE NOTE:

Book Now rates valid until Aug 01, 2023, valid on air inclusive packages only. IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require a minimum of 6 months passport validity from date of return home. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that our clients traveling abroad take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels for their locations and they may be considered rustic.

Single accommodations are limited and are available on a first come, first served basis.

To complete your tour, we <u>include</u> roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your <u>own air</u>, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

Most hotels/lodges utilized on this program consist of two floors with no elevators. All hotels have air conditioning.

The overall activity level of this tour is a level 3. This means you're an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (1-2 hours) isn't a big deal. You can navigate hills and uneven ground, climb into various modes of transportation (tuk-tuk, cable car, Zodiac, etc.), and could possibly anticipate changes in elevation. You can expect some longer days balanced with free-time to recharge or set out on your own adventure.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Our air passengers will depart from Liberia airport. Approximate travel time between Playa Carrillo, Guanacaste and Liberia airport is approximately 2 hours.

Experience It! Monteverde Cloud Forest

Only four places in the world boast an ecosystem so unique that it produces a cloud forest, and Costa Rica is one of them. Situated high on a mountain, the Monteverde Cloud Forest is created by the forest's dry air combining with the humid, hot air of the rainforest. The result is a blanket of clouds that covers the forest, mimicking constant rainfall. This extremely wet environment has bred a diverse world of exotic flora and fauna. One of the cloud forest's most famous residents is the endangered, resplendent quetzal. This colorful bird sports a golden beak and a green-hooded head, tail feathers of gray, black, and white, and a vibrant scarlet breast. Highly elusive, quetzal sightings are rare, but absolutely unforgettable when attained.

EXTEND YOUR VACATION WITH

Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

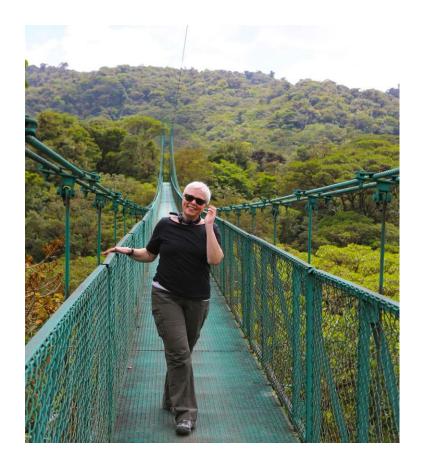
Rate: \$849.00 USD per person, double, land only

For more information on extensions and options for this tour visit https://gateway.gocollette.com/link/1123225

Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

A deposit of \$600 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of July 25, 2023 are based upon availability. Final payment due by December 03, 2023. Deposits are refundable up until August 01, 2023.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279





162 Middle Street

Phone: 866-757-5203 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to LifeQuest of Arkansas. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

CREDIT CARD AUTHORIZATION FORM

BOOKING NUMBER: 1123225 TOUR: Tropical Costa Rica GROUP NAME: LifeQuest of Arkansas DEPARTURE DATE: February 1, 2024

Name of Passenger: Salutation: First Name:	Middle Initial: Last Name:	Suffix:
(Mr., Mrs., Rev.)	(Please print as it appears on Passport)	(Jr., Sr.)
Cardholder Name:	on your Credit Card)	
Cardholder Address:	redit card statement)	
(as it appears on your ci	edit card statement)	
Cardholder Phone:		
Credit Card Type:America	an ExpressDiscoverMasterCard	Visa
Credit Card Number:		
Expiration Date:	Amount to be charged: \$	
Cardholder's Signature:	Date:	
I agree to pay according to the card policy, terms and conditions.	issuer agreement. I understand and accept Co	llette cancellation
FRAUD PREVENTION. All info	are now requiring a billing address and phone ormation MUST be provided. Thank you for you, please return this Authorization Form by many	our cooperation!
Collette		
Attn: Accounts Receivable		
162 Middle Street		
Pawtucket, RI 02860		
Above credit card information has be	en called in to Collette.	



162 Middle Street Pawtucket, RI • 02860

Phone: 866-757-5203 Fax: 1-401-727-9014

BOOKING NUMBER: 1123225 TOUR: Tropical Costa Rica
DEPARTURE DATE: February 1, 2024 GROUP NAME: LifeQuest of Arkansas

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

Arenal

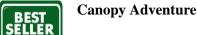
Natri Spa Treatment-Arenal Springs

\$180 USD

"What is good for the body is good for the soul." A well-deserved spa visit provides a complete treatment experience to replenish your mind, body and soul. Experience supreme pampering and relaxation with a choice of one of several different exhilarating spa service packages. Each package includes 3 different spa treatments from aromatherapy and mud massages to exfoliation and reflexology. Certified therapists will guide you to a state of complete relaxation as you enjoy unforgettable therapeutic facial and body treatments. Your choice of packages are:

Citrus Spa Package (110 minutes) – Citrus Exfoliation, Aromatherapy Massage, Natural Mask Sanctuary Package (110 minutes) – Herb Exfoliation, Relaxing Massage, Reflexology Springs Spa Package (110 minutes) - Sugar & Honey Exfoliation, Mud Massage, Facial Massage This option is available only to those guests who are staying at the Arenal Springs Hotel. *Duration: Approximately 2 hours.* Please note a minimum of 1 passengers is required. Transportation is not included.

Monteverde Cloud Forest



\$75 USD

Experience the unique sensation of flying through nature! For nature lovers, the greatest adventure of it all is to take a Zip Line Canopy Adventure Tour. Selvatura Adventure Park and Canopy Tour is one of the best soft adventures in Costa Rica. Canopy Tour guides start by outfitting you with the appropriate equipment; then they take you through each of the 12 cables and 19 platforms and through the Tarzan Swing (optional). Selvatura Park is one of the longest Canopy Tours in Costa Rica, and is the only zip line canopy tour located inside the actual virgin cloud forest of Monteverde. Feel pure adrenaline and excitement of flying up to 35 miles per hour, viewing magnificent landscapes. Zip lines ranging from 120 to more than 2,000 feet in length and 60 to 400 feet in height let you experience the cloud forest from a whole new perspective. The tree top canopy tour not only offers a great adventure but also an opportunity to observe wildlife in its natural habitat. Trained personnel (accredited by the Costa Rican Institute of Tourism) accompanies you throughout the tour. If you are looking for a fun adventure and amazing rides, this canopy tour is your best choice. Please note: This option must be booked at least 30 days prior to departure; and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant. *Duration: Approximately 3 hours*. Please note a minimum of 2 passengers is required. Transportation is included.



Monteverde Hanging Bridges

\$75 USD

Explore the cloud forest reserve in the heart of Monteverde from up above as you walk among the treetops with a local expert. Venture into an enchanting, colorful world as your tour begins with exploring one of the world's largest butterfly gardens with more than 30 species of tropical butterflies. Next, be dazzled in a nearby gallery containing more than 100 beautiful hummingbirds. More than 14 species of hummingbirds will amaze you with their incredible aerial maneuvers and bright, lively colors. Then embark on a guided walking tour high above the forest floor on a leisurely paced "Hanging Bridges" tour and gain a different perspective of the cloud forest's unique ecosystem, its mammals, birds, plants and flora. Admire the forest floor bursting with natural wonders, wildlife, and take in the amazing vistas. Take advantage of this unique opportunity to get up close to the indigenous wildlife in their natural habitat as your local expert shares stories of this incredible landscape and the ecology of the cloud forest. *Duration: Approximately 2.5 hours.* Please note a minimum of 2 passengers is required. Transportation is included.

Guanacaste



Mangrove Kayaking on the Ora River

\$50 USD

Branches reaching out into the swamp, creatures bustling through the undergrowth, and long-necked birds wading into the cloudy water. The mangroves of Costa Rica are not only essential to the larger ecosystem but also function as an ethereal waterway that will make you feel as if you've been transported to another world. Mangrove trees live in swamps where salt water meets fresh water, creating a flourishing home for a wide variety of animals. On your kayak, discover an intimate look at the local wildlife as you gently paddle six miles down the Ora River. Keep an eye out for playful monkeys and explorative iguanas scurrying up the trees. Follow your guide as you coast along the water, making your way along the winding river and taking in the nature all around you.

Availability is based on river or sea conditions and cannot be guaranteed. *Duration: Approximately 3 hours*. Please note a minimum of 10 passengers is required. Transportation is included.

Dolphin Watching & Snorkel Experience

\$60 USD

Get a different perspective of the Costa Rican wildlife when you venture into the natural habitat of a dolphin family. With a guide, get a firsthand look at these elegant creatures and watch as they play along the water's surface. Home to an abundance of animals, keep an eye out for other creatures as well. If you're lucky, you may even spot some whales or turtles! Afterwards, try your hand at fishing as you cast your line into the blue waters of the Pacific. You'll also get a chance to swim and snorkel in the warm waves along the coast, getting a closer look at the sea life. Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. *Duration: Approximately 4 hours*. Please note a minimum of 10 passengers is required. Transportation is included.

Salutation:	ERS NAME: (Please submit a separate for First:	m for each passenger) Middle: (Please print EXACTLY as it appe	Last:ears on Passport)		Nickname:
✓		Option	n		Price Per Person (USD)
	Natri Spa Treatment-Aren This option is available only		e staying at the Arenal S	Springs Hotel.	180.00
	Canopy Adventure Please note: This option must refundable within 15 days of have high blood pressure, ba	departure. This adventu	ure is NOT recommend	led for clients who	75.00
<u></u>	Monteverde Hanging Brid	ges			75.00
	Mangrove Kayaking on th Availability is based on river		annot be guaranteed.		50.00
	Dolphin Watching & Snork Wildlife sightings are not gua	kel Experience		eather conditions.	60.00

Please make checks payable to Collette and send to:

Collette Attn: Accounts Receivable 162 Middle Street Pawtucket, RI 02860



TRAVEL DATE: 2/01/2024 TERRITORY: MA RES#: 1123225

Tropical Costa Rica

For Reservations Contact: Collette (800) 581-8942 please refer to booking #1123225 email: Igreenfield@lifequestofarkansas.org Collette, 162 Middle Street, Pawtucket, RI 02860

A deposit of \$600 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of July 25, 2023 are based upon availability. Final payment due by December 03, 2023. Deposits are refundable up until August 01, 2023. YOUR INFORMATION:

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel passport/driver's license> including middle names or suffixes Jr, Sr>.

First:	Middle:		Last:		Suffix:
Nickname:	Gender: () Male	() Female	Date of Birth: month _	day	year
Address:		City:		State:	Zip Code:
Phone: ()	Cell: ()		Email Address:	
Passport Number:	Expiration D	ate: (month/day	//year)	_ Date of Issuance: (m	onth/day/year)
City, State, Country of Issuance:				_ Citizenship:	
Should you become ill or injured, whom s	should we contact (not traveling w	rith you):	Phone	e: ()
ROOMING WITH: Check if address is t	he same as Passeng	ger #1			
First:	Middle:		Last:		Suffix:
"Federal law forbids carriage of hazardous mater baggage. A violation can result in 5 years' impris http://www.tsa.gov/traveler-information/prohibited TRAVEL PROTECTION: () Yes, I wish to p If you choose not to purchase Collette's Waiver Ins Fee does not cover any single supplement charge supplement will be deducted from the refund of the covered reasons. See Part B for details.) EXTENSION: I wish to purchase "3-Night Ju ON TOUR ACTIVITIES: Please choose one () Monteverde Hanging Bridges () Canopy Adventure PLEASE MAKE CHECKS PAYABLE TO: C	onment and penalties of items." urchase travel protect urance Plan, you will inces which arise from an ite person who cancels. Ingle Adventure" () ite of the following of Collette () Check	of \$250,000 or motion \$399 () cur penalties for clindividual's travel (There is coveraged Yes () No n tour activities () Credit Card	ore. Details on prohibited No, I decline hanges and cancellations. ing companion electing to ge under Part B which inc	items may be found on T Travel Protection Paymer cancel for any reason pr ludes a single supplemer	SA's "prohibited items" web page: It is due with first deposit. The Waiver it or to departure. The single int benefit of \$1,000 for certain
Waiver/Insurance Amount: \$	Deposit Am	ount: \$	Total a	mount enclosed: \$	
Cardholder Name (if paying by Credit Card):					
Cardholder Billing Address:	ress is the same as abo	ove			
Cardholder Phone:			Amount: \$		
Credit Card Number: SIGNATURE REQUIRED for acceptance of				ate:	Υ

I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See http://www.gocollette.com/about-collette/terms-and-conditions for full terms and conditions of your purchase.

Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.

Extend your vacation with

Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

Rate: \$849.00 USD per person, double, land only 8 Meals: 3 Breakfasts, 3 Lunches, 2 Dinners

Day 1: San Jose

Arrive in San Jose, Costa Rica's capital city for an overnight stay.

Day 2: San Jose - Tortuguero National Park

This morning set out for an exciting soft-adventure jungle experience in Tortuguero, the Amazon of Costa Rica, in search of wildlife such as macaws, sloths, monkeys, falcons and other native species. Depart your San Jose hotel via private transportation for a transfer to the dock where you board an open-air boat with other travelers to journey into Tortuguero's unspoiled paradise. Check into an eco-lodge built in harmony with nature using the best sustainability practices – where fans create breezes instead of air conditioning and meals feature locally sourced ingredients prepared with Caribbean flair. *Today breakfast, lunch and dinner will be included.*

Day 3: Tortuguero National Park

An early morning bird watching excursion* is offered so you may learn about the variety of local species and migratory birds that flock to this area. Join your fellow lodge guests on a spectacular boat cruise through the various canals and be sure to keep an eye out for wildlife including howler monkeys, sloths, toucans, aquatic birds, bats and caimans, as well as exotic flora. Tortuguero National Park is a study in rainforest, freshwater, and marine biology. It protects over 350 species of birds and mammals including green macaws; 57 species of amphibians; 111 species of reptiles; and 60 mammal species, including 13 of Costa Rica's 16 endangered species including jaguars, tapirs, ocelots, cougars, river otters and manatees. *Today breakfast, lunch and dinner will be included*.

Day 4: Tortuguero National Park - San Jose

Depart Tortuguero National Park today to return to San Jose. Upon arrival, meet your Tour Manager and fellow travelers for the start of your *Tropical Costa Rica* tour. *Today breakfast and lunch will be included.*

Please Note:

Order of sightseeing is subject to change.

Extensions are subject to availability and applicable charges at time of request.

*Morning bird watching excursion is weather-dependent.

Fully-guided extensions are a great way to explore a new destination. Enjoy sightseeing and local experiences led by a Tour Manager or local expert.

Your transfer from the San Jose hotel to the dock and on the land return back to the San Jose hotel is private. Upon arrival at the dock, the boat transfer is provided by your Eco Lodge, which you will be joined by other like-minded adventurous guests of the lodge. During your time in Tortuguero, the Eco Lodge will provide you with an exclusive local naturalist guide and all included activities and meals. This price includes activities and meals as outlined; roundtrip transportation to Tortuguero; 1 night in San Jose and 2 nights at the Evergreen, Aninga or Pachira Lodge.

In keeping with best practices for sustainability and responsible tourism set forth by the Rainforest Alliance, the hotel in Tortuguero does not offer air conditioning.

Due to luggage size and weight restrictions on the boats, please bring an overnight bag for the 2-night stay in Tortuguero National Park. Please make arrangements with the concierge's desk at the hotel in San Jose for luggage pick up and for storage until your return from Tortuguero.

We reserve the right to cancel this extension if a minimum of 4 passengers is not met to operate.

The overall activity level of this extension is a level 2. This means you feel confident walking at least 30-45 minutes at a time over a variety of terrains – from cobblestone streets to easy pathways; a couple of hills or a few flights of stairs.