

Dina Nash

When did you begin teaching at LifeQuest?

- In about 2016; I started the Walks in the Parks, called Thursday in the Parks.

Please list your most recent job title:

- I'm a retired clinical social worker, but taught two years at UALR before retirement in the Sociology Department.

What is your educational background?

- I have a Master's in Clinical and one in Administrative Social Work from the UALR Graduate School of Social Work, a Master's of Science in Criminology and all the Ph.D. coursework from Florida State University, and a Bachelor's of Science in Music Education from the U of A, Fayetteville.

Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:

- I sing and play the piano for the duo and trio my husband and I perform in. Also, we are in a 6 month training program to become Master Naturalists, to teach nature awareness to public groups. I have taught in the public schools for 4 years and in colleges and universities for about 12 years. I was a clinical social worker for 28 years and counseled many families, groups, and individuals in mental health centers and in private practice.

Please tell us why you like to (or are interested in) teaching at LifeQuest:

- Because the group is very receptive and fun to discuss things with. They are not on their cell phones or listening to rap while I'm talking. I have the freedom to come up with neat ideas and teach them, for example, the Walks in the Parks group, which I really enjoy.

List three distinctive personal facts about yourself:

1. I love being outside, enjoying the woods or being on the water.
2. I have 7 grandchildren.
3. Organic gardening is one of my hobbies.