

# LIFEQUEST: FALL 2018 REGISTRATION

Please mail form and check to: LifeQuest, P.O. Box 25523, Little Rock, AR 72221  
 Enroll and pay by credit card on our website: [www.lifequestofarkansas.org](http://www.lifequestofarkansas.org)

NAME(S) \_\_\_\_\_  
 I'm New!     No changes     My information has changed:  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ PHONE (h) \_\_\_\_\_ (c) \_\_\_\_\_  
 BIRTHDATE (for statistics only) \_\_\_\_\_ CONGREGATION \_\_\_\_\_  
 EMERGENCY CONTACT NAME(S) \_\_\_\_\_  
 Relationship: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

If TWO people are using this form, please use **INITIALS** to indicate who will take each class.

## WEDNESDAY CLASSES:

**8:30**  
 \_\_\_ A. Hablamos Mas Espanol-1.5 hrs

**9:00**  
 \_\_\_ B. Behind the Headlines  
 \_\_\_ C. Chair Yoga  
 \_\_\_ D. Knitting & Sharing-2 hrs  
 \_\_\_ E. Basic Drawing-3 hrs  
 \_\_\_ F. Experienced Watercolor -3 hrs

**10:00**  
 \_\_\_ G. Great Books  
 \_\_\_ H. Movie Musicals  
 \_\_\_ I. American Nations  
 \_\_\_ J. Our English Language  
 \_\_\_ K. The Interwar Years  
 \_\_\_ L. The Ballets Russes

**11:00**  
 \_\_\_ M. Birth of the Atomic Age  
 \_\_\_ N. American Folk Music  
 \_\_\_ O. Armchair Traveler: Ireland  
 \_\_\_ P. Sports Talk  
 \_\_\_ Q. Recent Advances in Science  
 \_\_\_ R. Understanding Mental Health

**1:15**  
 \_\_\_ S. Advanced Great Books  
 \_\_\_ T. Life: Biology and Beyond  
 \_\_\_ U. Zentangle  
 \_\_\_ V. SLEEP: Fascinating Past, Mysterious Present  
 \_\_\_ W. Tell Your Own Story -1.5 hrs  
 \_\_\_ X. Games for Fun:  
      Bridge     Mah Jongg     Scrabble  
 \_\_\_ Y. Beginning Greeting Cards  
 \_\_\_ Z. Oil Painting Instruction-3 hrs

## BRING A SNACK

Yes! I'd love to bring a snack (cookies, pretzels, granola bars, etc.) to the LifeQuest office during the first week of class. *Homemade snacks are always welcome!*

## THURSDAY CLASSES:

**9:00**  
 \_\_\_ TH1 Analyzing Global Issues  
 \_\_\_ TH2 The Sacred & the Profane  
 \_\_\_ TH3 Beginning Mah Jongg-2 hrs  
 \_\_\_ TH4 Water Media Studio-3 hrs  
 \_\_\_ TH5 Greeting Cards-3 hrs

**10:00**  
 \_\_\_ TH6 The Trump Effect on Midterms  
 \_\_\_ TH7 Christian Art & Architecture  
 \_\_\_ TH8 Real Possibilities for Aging  
 \_\_\_ TH9 Fundamentals of Fiction Writing  
 \_\_\_ TH10 Tai Chi

**11:00**  
 \_\_\_ TH11 What's On Your Mind?  
 \_\_\_ TH12 Irish Literature  
 \_\_\_ TH13 Antebellum Arkansas  
 \_\_\_ TH14 Yoga - All Levels  
 \_\_\_ TH15 Compassion Cultivation (1.5 hrs)  
 \_\_\_ TH16 iPads/iPhones (1.5 hrs)

**12:30**  
 \_\_\_ TH17 Walks in the Parks (1.5 hrs)

**1:15**  
 \_\_\_ TH18 Beginning Songwriting  
 \_\_\_ TH19 Beginning Sculpture (2 hrs)

## SPECIAL OUTING:

November 4, 6:00—8:00 p.m.  
 Scarf-tying Workshop at  
 J. Jill, Chenal Promenade  
 Yes I would like to attend

## BECOME A VOLUNTEER

I would like more information about volunteer opportunities.

## LUNCHEES (\$8 each):

Lunches can be paid for in advance with class registration or reserved by noon on Monday of each week.

\_\_\_ Need seat, bringing lunch.

\_\_\_ Pay NOW for all 8 (\$64)

Pay for these select dates (\$8 each):

Sept. 19 \_\_\_ Oct. 17 \_\_\_

Sept. 26 \_\_\_ Oct. 24 \_\_\_

Oct. 3 \_\_\_ Oct. 31 \_\_\_

Oct. 10 \_\_\_ Nov. 7 \_\_\_

## ENCLOSED FEES:

\_\_\_ \$65 = Registration Fee (*Covers multiple classes!*)

\_\_\_ \$75 after September 6

(*Dorothy P. Sitton Scholarships are available.*)

## ADDITIONAL CLASS FEES:

\_\_\_ \$15 Great Books or  
 Advanced Great Books

\_\_\_ \$25 Beginning or Advanced  
 Greeting Cards

## DONATION:

\$ \_\_\_\_\_ (100% tax-deductible)

\$ \_\_\_\_\_ Total for lunches (\$8 each)

\$ \_\_\_\_\_ **TOTAL**

Questions? 501-225-6073