

# LIFEQUEST: WINTER 2023 REGISTRATION

NAME(S) \_\_\_\_\_  
 FACEBOOK NAME(S) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_  
 BIRTHDATE MM/DD/YYYY \_\_\_\_\_ CONGREGATION \_\_\_\_\_  
 EMERGENCY CONTACT NAME: \_\_\_\_\_  
 RELATIONSHIP TO YOU: \_\_\_\_\_ CONTACT PHONE: \_\_\_\_\_

## PLEASE MARK EACH CLASS TO BE ON ROSTER.

MONDAY	TUESDAY, Cont.	WEDNESDAY, Cont.
<b>9:00 A.M. - 10:50 A.M.</b> Greeting Cards ___ <i>In-person</i>	<b>12:00 P.M. - 12:50 P.M.</b> Conversations with Fred ___ <i>Online</i>	<b>1:00 P.M. - 3:00 P.M.</b> Sculpting ___ <i>In-person</i>
<b>9:30 A.M. - 10:45 A.M.</b> Grandparenting Today ___ <i>Online</i>	<b>1:00 P.M. - 2:30 P.M.</b> Tell Your Own Story ___ <i>Online</i>	Oil Painting ___ <i>In-person</i> ___ <i>Online</i>
<b>10:00 A.M. - 10:50 A.M.</b> Great Books Online ___ <i>Online</i>	<b>THURSDAY</b>	
Travel the World ___ <i>Online</i>	<b>9:00 A.M. - 10:50 A.M.</b> Open Studio ___ <i>In-person</i>	
<b>11:00 A.M. - 12:30 P.M.</b> Book Discussion with Lynn ___ <i>Online</i>	<b>9:00 A.M. - 11:50 A.M.</b> Thursdays with Philip Martin ___ <i>In person</i>	
<b>11:00 A.M. - 12:50 P.M.</b> Crafting with Connie ___ <i>In-person</i>	<b>10:00 A.M. - 10:50 A.M.</b> Beethoven ___ <i>In-person</i>	
<b>12:00 P.M. - 12:50 P.M.</b> Regional foods of the United States ___ <i>Online</i>	What's on Your Mind? ___ <i>In-person</i>	
<b>MON. &amp; TUE.</b>		
<b>10:00 A.M. - 12:00 P.M.</b> Wayne Chapman Directs Again ___ <i>In-person</i>	<b>10:00 A.M. - 11:50 A.M.</b> Mah Jongg ___ <i>In-person</i>	
<b>MON. &amp; WED.</b>		
<b>11:00 A.M. - 11:50 A.M.</b> Moving on in Spanish ___ <i>In-person</i>	<b>11:00 A.M. - 11:50 A.M.</b> Genealogy ___ <i>In-person</i>	
<b>TUESDAY</b>		
<b>10:00 A.M. - 10:50 A.M.</b> Cooking Matters Online ___ <i>Online</i>	Tai Chi ___ <i>In-person</i>	
<b>10:30 A.M. - 12:00 P.M.</b> Conversational Spanish ___ <i>In-person</i>	Faulkner ___ <i>In-person</i>	
<b>11:00 A.M. - 11:50 A.M.</b> History with CALS ___ <i>Online</i>	Our National Parks ___ <i>In-person</i> ___ <i>Online</i>	
	<b>12:00 P.M. - 12:50 P.M.</b> Line Dancing ___ <i>In-person</i>	

More classes and fees on the back.



THURSDAY, Cont.	
1:00 P.M. - 1:50 P.M. Yoga ___ <i>In-person</i>	
1:00 P.M. - 3:00 P.M. Pastels ___ <i>In-person</i> ___ <i>Online</i> Portrait Drawing ___ <i>In-person</i>	
2:10 P.M. - 3:30 P.M. Pickleball ___ <i>In-person</i>	

WEDNESDAY IN-PERSON MEALS	
\$10 per meal, served in the Great Hall at Noon Meal includes entrée, salad, rolls & dessert and serves one person	
<u>January 18</u> Chicken Pot Pie, Cookies	<u>February 15</u> Beef Stew, Apple Crisp w/Ice Cream
<u>January 25</u> Veggie Lasagna, Coconut Cake	<u>February 22</u> Chicken Enchiladas, Snickerdoodles
<u>February 1</u> Pork Tenderloin, Baked Fudge	<u>March 1</u> Chicken Spaghetti, Coca Cola Cake
<u>February 8</u> Macaroni & Cheese, Pineapple Carrot Cake	<u>March 8</u> Baked Spaghetti, Lemon Bars

**DIGITAL LEARNING WORKSHOPS**

**THURSDAY CURBSIDE MEALS**  
Can be picked up between 11:00 A.M. - 12:00 P.M.  
\$16 per entrée 2 servings, \$10 desserts 4-6 servings

**THURSDAYS**  
9:00 A.M. - 10:50 A.M.

<u>January 19</u> Entrée: Chili Dessert: Chocolate Cake	<u>February 16</u> Entrée: Parmesan Chicken Dessert: Banana Pudding
<u>January 26</u> Entrée: Pot Roast Dessert: Cinnamon Rolls	<u>February 23</u> Entrée: Beef Brisket Dessert: Pecan Sticky Buns
<u>February 2</u> Entrée: Spaghetti & Meatballs Dessert: Brownies	<u>March 2</u> Entrée: Salisbury Steak Dessert: Chocolate Layer Dessert
<u>February 9</u> Entrée: Meatloaf Dessert: Bread Pudding	<u>March 9</u> Entrée: Enchiladas Dessert: Strawberry Shortcake

<u>January 19</u> Making & Using iPhone Lists ___ <i>In-person</i>
<u>January 26</u> Notes & Reminders for iPhone ___ <i>In-person</i>
<u>February 2 - March 9</u> Computer Basics ___ <i>In-person</i>

**Registration, Materials, Meals, & Library Fees and Donations/Tributes:**

**Registration Fee: \$65 (if after January 2, \$75)**  
*Dorothy P. Sitton Scholarships available; please inquire with office*

**Additional Class Fees:**  
\$15 \_\_\_ Great Books    \$40 \_\_\_ Greeting Cards  
\$40 \_\_\_ Crafting with Connie    \$15 \_\_\_ Computer Basics

**Wednesday In-person Meals: (\$10 per meal)**  
\_\_\_ 1/18    \_\_\_ 1/25    \_\_\_ 2/1    \_\_\_ 2/8    \_\_\_ 2/15    \_\_\_ 2/22    \_\_\_ 3/1    \_\_\_ 3/8 (x\$10) \$ \_\_\_\_\_

**Thursday Curbside Entrée: (\$16 per entrée, 2 servings)**  
\_\_\_ 1/19    \_\_\_ 1/26    \_\_\_ 2/2    \_\_\_ 2/9    \_\_\_ 2/16    \_\_\_ 2/23    \_\_\_ 3/2    \_\_\_ 3/9 (x\$16) \$ \_\_\_\_\_

**Thursday Curbside Dessert: (\$10 per dessert, 4-6 servings)**  
\_\_\_ 1/19    \_\_\_ 1/26    \_\_\_ 2/2    \_\_\_ 2/9    \_\_\_ 2/16    \_\_\_ 2/23    \_\_\_ 3/2    \_\_\_ 3/9 (x\$10) \$ \_\_\_\_\_

**2023 Library Access (\$50 through December 31, 2023)**      **Annual Library Fee:** \$ \_\_\_\_\_

**Donations or Tributes: (Tax Deductible)**      **Donations:** \$ \_\_\_\_\_  
*(Make a general donation in honor or memory of a loved one)*

**Total Fees:** \$ \_\_\_\_\_

<b>Mail form and check to:</b> LifeQuest of Arkansas P.O. Box 25523 Little Rock, AR 72221	<b>Register and Pay Online:</b> Lifequestofarkansas.org info@lifequestofarkansas.org	<b>Questions?</b> 501-225-6073
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