

LIFEQUEST: FALL 2019 REGISTRATION

NAME(S) _____

I'm new! No changes My information has changed:

ADDRESS _____ CITY _____ ZIP _____

E-MAIL _____ PHONE (h) _____ (c) _____

BIRTHDATE (for statistics only) _____ CONGREGATION _____

EMERGENCY CONTACT NAME(S) _____

Emergency Contact Phone: _____ Relationship: _____

If TWO people are using this form, please use INITIALS to indicate who will take each class.

WEDNESDAY CLASSES:

8:30

___ Hablamos Mas Espanol—1.5 hrs.

9:00

___ Behind the Headlines

___ Silence

___ Knitting & Sharing—2 hrs.

___ Drawing Workshop—3 hrs.

___ Experienced Watercolor Instr. 3hrs

10:05

___ Great Books I

___ Oscar Winning Songs II

___ Evolution

___ Warrior Women

___ French Revolution

11:10

___ Healthcare Topics—Generations

___ Contemporary Political Insights
from Shakespeare

___ American Folk Music

___ Sports Talk

___ Country Music Legends

1:15

___ Great Books II

___ Science

___ Zentangle

___ Aging as a Spiritual Practice

___ Tell Your Own Story—1.5 hrs.

___ Games for Fun: 2 hrs.

Bridge Mah Jongg Scrabble

___ Beginning Greeting Cards—2 hrs.

___ Oil Painting Instruction—3 hrs.

THURSDAY CLASSES:

9:00

___ U.S. Foreign Policy

___ Heart Healthy Cooking

___ The Enneagram—2 hrs.

___ Beginning Mah Jongg-2 hrs.

___ Water Med./Beg. Watercolor-3 hrs.

___ Greeting Cards—3 hrs.

THURSDAY CLASSES:

10:05

___ LifeQuest Book Club

___ Political Polarization & Reconciliation

___ 50 Works of Art

11:10

___ Medical Care Transformation in America

___ American Dream Genealogy

___ What's on Your Mind?

___ Great Love Duets from Great Operas

___ The Artist's Way—1.5 hrs.

12:30

___ Walks in the Parks -1.5 hrs.

1:15

___ Beginning Sculpting -2 hrs.

___ Beginning Bridge- 2 hrs.

___ Pastels—2 hrs.

LIFEQUEST "GET FIT" CLASSES:

*All "Get Fit" classes are held on Thursdays
at St. James United Methodist Church,
321 Pleasant Valley Drive, Entrance 6*

10:05

___ Tai Chi

___ Chair Yoga

11:10

___ Advanced Tai Chi

___ Yoga

DIGITAL LEARNING CLASSES:

*See full workshop/class descriptions on
the reverse side of this form. Check the class you
would like to attend and add your total here:*



Please mail form and check to:
LifeQuest, PO Box 25523
Little Rock, AR 72221
Register and pay online at:
lifequestofarkansas.org.

LIFEQUEST LEARNING

\$ _____ Registration Fee = **\$65**
\$75 after September 5
Scholarships available.

Additional Class Fee(s):

\$15 _____ Great Books I or II

\$25 _____ Beg. or Adv. Greeting Cards

Study Group Fee:

\$10 _____ *Grandparenting* Study
Group—w/fall registration

\$20 _____ *Grandparenting* Study
Group—Study Group ONLY

Lunches:

See insert for menus & programs.

___ Sept. 18 ___ Oct. 16

___ Sept. 25 ___ Oct. 23

___ Oct. 2 ___ Oct. 30

___ Oct. 9 ___ Nov. 6

___ *I will bring my own lunch.*

\$ _____ Total for Lunches (\$8 each)

\$ _____ *Swingin' Down the Lane*
Oct. 10 (Tickets: \$60 pp)

\$ _____ **Donation** (100% tax-deductible)

\$ _____ **TOTAL for LifeQuest**
Learning classes, lunches,
event tickets and donation

DIGITAL LEARNING

*Please pay for Digital Learning
classes separately.*

\$ _____ **TOTAL for Digital Learning**

DIGITAL LEARNING: FALL 2019

LOCATION: Second Presbyterian Church

The following classes/workshops are held at Second Presbyterian Church, 600 Pleasant Valley Dr., Room 64.

___INTRODUCTION TO GOOGLE PHOTOS WORKSHOP (Fee: \$30)

September 10 & 12, 1:30 – 3:00 p.m. | Charlie Frith, Instructor

Learn to access unlimited FREE storage for all photos and videos! Create and share photo albums; use book-printing services.

___HOME AUTOMATION WORKSHOP (Fee: \$20)

September 19, 1:30 – 3:00 p.m. | John Mize & Charlie Frith, Instructors

Learn how to control devices in your home like Alexa, Google Home, Ring door bell, and Nest thermostat. Make appointments, send messages, find restaurants, directions, weather & news, control lights and music in your home ...and more!

___GMAIL AND GOOGLE CALENDAR WORKSHOP (Fee: \$20)

September 26, 1:30 – 3:00 p.m. | Bill Owens, Instructor

Learn how to set up, manage Gmail accounts, how to add birthdays and calendars, email, ...and more!

___LEARNING COOL THINGS ONLINE WORKSHOP (Fee: \$20)

October 1 & 3, 1:30 – 3:00 p.m. | John Mize, Instructor

Navigate search engines and Wikipedia like a pro! From YouTube and Pinterest, to SkillShare and Great Courses, get ready to learn!

___EDISON EMAIL: ELIMINATING UNWANTED EMAILS (Fee: \$30)

October 15 & 17, 1:00 – 3:00 p.m. | Charlie Frith, Instructor

Are you tired of getting unwanted emails? Learn how to easily unsubscribe and block annoying emails on your smartphone. Bring your smartphone to class each week.

___BLUETOOTH AUTOMOBILE CONNECTION WORKSHOP (Fee: \$10)

October 17 & 24, by appointment between 1:00 – 3:30 p.m. | Bill Owens, Instructor

Connect your phone to your car for "hands-free" communication. Call for a 30-minute, hands-on, one-on-one tutorial in your car! We'll meet in the Second Presbyterian Church parking lot on one of the dates listed above.

___CREATING HOLIDAY DIGITAL PROJECTS WORKSHOP (Fee: \$20)

October 29, 1:30 – 3:30 p.m. | Lindy Harrell & Leah Greenfield, Instructors

Create unique photo gifts: a mug, ornament, notepad, etc. just in time for the holidays! You'll need to create an online account with Shutterfly; projects will be purchased separately.

___ONE-ON-ONE COMPUTER CONSULTING (Fee: \$25 per hour)

Call for an appointment with a *Digital Learning* Instructor for a private tutorial. Meeting location at Second Presbyterian Church.

LOCATION: UAMS Reynolds Institute on Aging

The following class will be held at UAMS Reynolds Institute on Aging, 629 Jack Stephens Dr., Room 2156.

___COMPUTER BASICS (Fee: \$60)

November 4 – 20, Mon. & Wed., 10:00 a.m. – 12:00 p.m. | Bill Singley, Instructor

A hands-on class for true beginners who want an introduction to email and the internet.

Please mark the class you would like to attend and add your total on the reverse side.