

# LIFEQUEST: FALL 2017 REGISTRATION

NAME(S) \_\_\_\_\_

I'm New!     No changes     My information has changed:

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ PHONE (h) \_\_\_\_\_ (c) \_\_\_\_\_

BIRTHDATE (for statistics only) \_\_\_\_\_

CONGREGATION \_\_\_\_\_



EMERGENCY CONTACT NAME(S) \_\_\_\_\_

Relationship: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

**If TWO people are using this form, please use INITIALS to indicate who will take each class.**

**\*\*Registrations will be accepted starting August 14\*\***

**WEDNESDAY CLASSES:**

- 8:30**  
 \_\_\_ A. Hablamos Mas Espanol—1.5 hrs
- 9:00**  
 \_\_\_ B. Behind the Headlines  
 \_\_\_ C. Knitting & Sharing—2 hrs  
 \_\_\_ D. Basic Drawing—3 hrs  
 \_\_\_ E. Experienced Watercolor Instr. 3 hrs

- 10:00**  
 \_\_\_ F. The Renaissance Period  
 \_\_\_ G. Flood of 1927  
 \_\_\_ H. Great Books A.M.  
 \_\_\_ I. Spanish II  
 \_\_\_ J. Swingin' Down the Lane  
 \_\_\_ K. More Laughter: The Meanings of Humor

- 11:00**  
 \_\_\_ L. Geography of the Civil War  
 \_\_\_ M. Restoration of Little Rock  
 \_\_\_ N. Great Con Men  
 \_\_\_ O. The Heart of the Matter  
 \_\_\_ P. Sports Talk

- 1:15**  
 \_\_\_ Q. Rise Up: 8 American Success Stories  
 \_\_\_ R. Games for Fun:  
      Bridge     Mah Jongg     Scrabble  
 \_\_\_ S. Great Books P.M.  
 \_\_\_ T. REALLY Big Questions in Science  
 \_\_\_ U. Zentangle  
 \_\_\_ V. Tell Your Own Story - 1.5 hrs  
 \_\_\_ W. Acrylic/Oil Painting Instr. - 3 hrs

**THURSDAY CLASSES:**

- 9:00**  
 \_\_\_ TH1 Inside City Hall  
 \_\_\_ TH2 The Artist's Way  
 \_\_\_ TH3 Beginning Mah Jongg—2 hrs  
 \_\_\_ TH4 Greeting Cards—3 hrs  
 \_\_\_ TH5 Water Media—3 hrs  
 \_\_\_ TH6 Watercolor for Beginners-3 hrs
- 10:00**  
 \_\_\_ TH7 Literature and Politics  
 \_\_\_ TH8 Advocacy 101  
 \_\_\_ TH9 American Dream Genealogy  
 \_\_\_ TH10 Tai Chi

- 11:00**  
 \_\_\_ TH11 What's On Your Mind?  
 \_\_\_ TH12 Yoga—All Levels  
 \_\_\_ TH13 Constitution of the U.S.  
 \_\_\_ TH14 Beginning Bridge—1.5 hrs  
 \_\_\_ TH15 iPads & iPhones—1.5 hrs

- 12:30**  
 \_\_\_ TH16 Walks in the Parks—1.5 hrs  
 (meets OFF-SITE)

**LUNCHES (\$8 each):**

Lunches can be paid for in advance with class registration or reserved by noon on Monday of each week.

- \_\_\_ I usually bring my own.  
 \_\_\_ Pay NOW for all 8 (\$64)

Pay for these select dates (\$8 each):  
 Sept 13 \_\_\_ Oct 11 \_\_\_  
 Sept 20 \_\_\_ Oct 18 \_\_\_  
 Sept 27 \_\_\_ Oct 25 \_\_\_  
 Oct 4 \_\_\_ Nov 1 \_\_\_

**ENCLOSED FEES:**

\$ \_\_\_ Registration Fee = \$65  
 (covers multiple classes!)  
 \$75 after August 31

*(Sitton Scholarships available)*

**Additional Class Fees:**

\$ \_\_\_ Great Books (\$10)  
 \$ \_\_\_ Greeting Cards (\$25)  
 \$ \_\_\_ DONATION: tax-deductible  
 \$ \_\_\_ Total for lunches (\$8 each)  
 \$ \_\_\_ **TOTAL**

**MORNING COFFEE BREAK**

Yes! I can deliver a pre-packaged snack (cookies, pretzels, granola bars, etc.) to the LifeQuest office. during the first week of class.  
*Homemade snacks are also welcome each week!*

## ***SPOTLIGHT ON LIFEQUEST ART:***

### **A SELECTION OF BIOGRAPHIES OF LIFEQUEST INSTRUCTORS FOR THE FALL 2017 TERM**

*Check out our website for a growing collection of instructor biographies: [lifequestofarkansas.org](http://lifequestofarkansas.org) (under "Who We Are" tab)*

#### **SHIRLEY BRAINARD: WATERCOLOR FOR BEGINNERS**

**How many classes/years have you taught at LifeQuest?**

Five or six watercolor classes.

**Please list your most recent job title:**

Before I retired several years ago I was graphic designer and production manager of five health-related magazines.

**What is your educational background?**

BA in Fine Arts from UALR. Have attended several watercolor workshops taught by nationally known watercolorists.

**Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:**

Diamond Signature Member of Mid-Southern Watercolor Association (which means a painting accepted in at least five of the Association's annual juried shows)

**Please tell us why you enjoy teaching at LifeQuest:**

Interacting with people and sharing in their joy of learning is very rewarding. Watercolor can be anything you want it to be... fun, exacting, detailed, loose, flowing, etc.

**List three distinctive personal facts about yourself:**

1. I grew up in the country with a dog for a playmate. Even to this day, having a dog to share my life with is most important. My current little dog, Marti, is an adorable poodle-yorkie mix and has been with me about six years.
2. I enjoy reading both for pleasure and to exercise my mind.
3. Most people are surprised to learn I used to be an oil painter. Working in watercolor is much less toxic and messy.

#### **ANN FILIATREAU: ZENTANGLE**

**How many classes/years have you taught at LifeQuest?**

Two classes: a beginning class and an advanced class.

**Please list your most recent job title:**

I have had four post retirement jobs mostly involving plants; wholesale and retail nurseries. My career was teaching in Little Rock Public Schools.

**What is your educational background?**

Hendrix College BA, emphasis on art and education. UCA, MSE with certifications in early childhood education and gifted and talented education.

**Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:**

I became a CZT Certified Zentangle Teacher in 2016. I trained in Providence, Rhode Island with the creators of the Zentangle Method.

**Please tell us why you enjoy teaching at LifeQuest:**

I love teaching. I also have a passion for Zentangle and its benefits.

**List three distinctive personal facts about yourself:**

1. I am a Master Gardener.
2. I have lived on three continents...so far.
3. I stay busy!

#### **TOM HERRIN: EXPERIENCED WATERCOLOR INSTRUCTION**

**How many classes/years have you taught at LifeQuest?**

Four, maybe five years teaching watercolor class

**Please list your most recent job title:**

President, Tom Herrin Associates; Tom Herrin's Art on Facebook

**What is your educational background?**

B.A. Public Administration at University of Mississippi; Masters of Community and Regional Planning at University of Texas

**Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:**

Best of Show at Artist in the Forest (2 years); President of Mid-Southern Watercolorist (2 years); Mid-Southern Watercolorist Diamond Signature Member; Mid-Southern Watercolorist five Exhibition Shows; Senator Lincoln's Office Painting Display (2 years); Senator Pryor's Office Painting Display

**Please tell us why you like to (or are interested in) teaching at LifeQuest:**

I like older adults who are still interested in learning; I like people generally, and I like watercolorists and art in general.

**List three/more distinctive personal facts about yourself:**

1. Married and have 4 children, 2 corgi dogs
2. Read a lot, all types of books
3. Book Club Member
4. Have large watercolor painting library
5. Teach watercolor painting at Parkway Village
6. Arkansas Art Center painting instructor