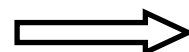


LIFEQUEST: SPRING 2023 REGISTRATION

NAME(S) _____
 FACEBOOK NAME(S) _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 EMAIL _____ PHONE _____
 BIRTHDATE MM/DD/YYYY _____ CONGREGATION _____
 EMERGENCY CONTACT NAME: _____
 RELATIONSHIP TO YOU: _____ CONTACT PHONE: _____

PLEASE MARK EACH CLASS TO BE ON ROSTER. (If registering for 2, please initial)

MONDAY	TUESDAY, Cont.	WEDNESDAY, Cont.
9:00 A.M. - 10:50 A.M. Greeting Cards ___ <i>In-person</i>	1:00 P.M. - 2:30 P.M. Tell Your Own Story ___ <i>Online</i>	Yoga with Brandy ___ <i>In-person</i> ___ <i>Online</i>
9:30 A.M. - 10:45 A.M. Grandparenting Today ___ <i>Online</i>	2:00 P.M. - 3:30 P.M. Pickleball ___ <i>In-person</i>	1:00 P.M. - 3:00 P.M. Acrylic and Oil Painting ___ <i>In-person</i> ___ <i>Online</i>
10:00 A.M. - 10:50 A.M. Great Books Online ___ <i>Online</i>	WEDNESDAY	
11:00 A.M. - 12:30 P.M. Book Discussion with Lynn ___ <i>Online</i>	9:00 A.M. - 9:50 A.M. Behind the Headlines ___ <i>In-person</i> ___ <i>Online</i>	THURSDAY
11:00 A.M. - 12:50 P.M. Crafting with Connie ___ <i>In-person</i>	9:00 A.M. - 10:50 A.M. Intermediate Watercolor ___ <i>In-person</i>	9:00 A.M. - 10:50 A.M. Open Studio ___ <i>In-person</i>
12:00 P.M. - 12:50 P.M. Global Food Challenges ___ <i>Online</i>	10:00 A.M. - 10:50 A.M. International Conflict Ethics ___ <i>In-person</i> ___ <i>Online</i>	9:00 A.M. - 11:50 A.M. The Many Sides of Spielberg ___ <i>In-person</i>
1:00 P.M. - 1:50 P.M. Yoga ___ <i>In-person</i>	Jewish Customs and Humor ___ <i>In-person</i> ___ <i>Online</i>	10:00 A.M. - 10:50 A.M. Intro to World Religions ___ <i>In-person</i>
MON. & WED. April 3 - 26 Only	Great Books In-person ___ <i>In-person</i>	What's on Your Mind? ___ <i>In-person</i>
11:00 A.M. - 11:50 A.M. Moving on in Spanish ___ <i>In-person</i>	Music of the Three B's ___ <i>In-person</i>	The Ballets Russes ___ <i>In-person</i>
TUESDAY	10:00 A.M. - 11:50 A.M. Knitting and Sharing ___ <i>In-person</i>	10:00 A.M. - 11:50 A.M. Beginning Mah Jongg ___ <i>In-person</i>
9:00 A.M. - 10:50 A.M. Beginning Watercolor ___ <i>In-person</i>	11:00 A.M. - 11:50 A.M. Pete Seeger to Bob Dylan ___ <i>In-person</i>	11:00 A.M. - 11:50 A.M. Shakespeare: <i>King Lear</i> ___ <i>In-person</i>
10:00 A.M. - 10:50 A.M. Learning Prayer ___ <i>Online</i>	LQ Book Club ___ <i>In-person</i>	The Depression and New Deal ___ <i>In-person</i> ___ <i>Online</i>
10:00 A.M. - 11:30 A.M. Conversational Spanish ___ <i>In-person</i>	Newspaper Barons ___ <i>In-person</i> ___ <i>Online</i>	Tai Chi ___ <i>In-person</i>
12:00 P.M. - 12:50 P.M. Conversations with Fred ___ <i>Online</i>	Napoleon Bonaparte ___ <i>In-person</i> ___ <i>Online</i>	12:00 P.M. - 12:50 P.M. Line Dancing ___ <i>In-person</i>
	1:00 P.M. - 1:50 P.M. Jazz Piano with Tom ___ <i>In-person</i>	
	Games for Fun ___ <i>In-person</i>	
		More classes and fees on the back.



THURSDAY, Cont.	
1:00 P.M. - 3:00 P.M.	
Pastels	___ <i>Online</i>
___ <i>In-person</i>	
Printmaking	
___ <i>In-person</i>	
2:00 P.M. - 3:30 P.M.	
Pickleball	
___ <i>In-person</i>	

DIGITAL LEARNING WORKSHOPS

**THURSDAYS
9:00 A.M. - 10:50 A.M.**

April 6	iPhone/iPad Calendar	___ <i>In-person</i>
April 13	Find My App and Apple AirTag	___ <i>In-person</i>
April 20	iPhone 14 Pro and Pro Max	___ <i>In-person</i>
April 27 - May 25	Getting the Most From iPhone	___ <i>In-person</i>

WEDNESDAY IN-PERSON MEALS
\$10 per meal, served in the Great Hall at Noon
Meal includes entrée, salad, rolls & dessert and serves one person

April 5	Chicken Pot Pie, Cookies	May 3	Chicken Caesar Salad, Banana Pudding
April 12	Lasagna Soup, Caramel Brownies	May 10	Beef Stroganoff, Chocolate Layer Delight
April 19	Pork Tenderloin, Goopy Butter Cake	May 17	Chicken Cacciatore, Honeybun Cheesecake
April 26	Pasta Primavera, Lemon Cake	May 24	Vichyssoise, Blueberry Cream Cheese Cake

THURSDAY CURBSIDE MEALS
Can be picked up between 11:00 A.M. - Noon
\$16 per entrée (2 servings), \$10 desserts 4-6 servings

April 6	Entrée: Chicken Salad Dessert: Banana Pudding	May 4	Entrée: Ham & Noodle Casserole Dessert: Strawberry Shortcake
April 13	Entrée: Tuscan Chicken w/Pasta Dessert: Strawberry Cake	May 11	Entrée: Pot Roast Dessert: Cookies
April 20	Entrée: BBQ Pork, Loaded Baked Potato Dessert: Brownies	May 18	Entrée: Vegetable Beef Soup Dessert: Cinnamon Rolls
April 27	Entrée: Chicken Fettuccine w/Leeks & Peas Dessert: 4-Layer Chocolate Dessert	May 25	Entrée: Poppy Seed Casserole Dessert: Peach Cobbler

Registration, Fees, Meals, Library Access and Donations/Tributes

Registration Fee: \$65 (if after March 26, \$75) <i>Dorothy P. Sitton Scholarships available; please inquire with office</i>		Registration:	\$ _____
Additional Class Fees:		Class Fees:	\$ _____
\$40 ___ Greeting Cards	\$15 ___ Great Books		
\$15 ___ Getting the Most from iPhone	\$40 ___ Crafting with Connie		
Wednesday In-person Meals: (\$10 per meal)			
___ 4/5	___ 4/12	___ 4/19	___ 4/26
___ 5/3	___ 5/10	___ 5/17	___ 5/24 (x \$10) \$ _____
Thursday Curbside Entrée: (\$16 per entrée, 2 servings)			
___ 4/6	___ 4/13	___ 4/20	___ 4/27
___ 5/4	___ 5/11	___ 5/18	___ 5/25 (x \$16) \$ _____
Thursday Curbside Dessert: (\$10 per dessert, 4-6 servings)			
___ 4/6	___ 4/13	___ 4/20	___ 4/27
___ 5/4	___ 5/11	___ 5/18	___ 5/25 (x \$10) \$ _____
2023 Library Access: (\$50 through December 31, 2023)		Annual Library Access:	\$ _____
Donations or Tributes: (Tax Deductible) <i>(Make a general donation in honor or memory of a loved one)</i>		Donations/Tributes:	\$ _____
		Total Fees:	\$ _____

Mail form and check to: LifeQuest of Arkansas P.O. Box 25523 Little Rock, AR 72221	Register and Pay Online: Lifequestofarkansas.org info@lifequestofarkansas.org	Questions? 501-225-6073
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