

# LIFEQUEST: FALL 2022 REGISTRATION

NAME(S) \_\_\_\_\_  
 FACEBOOK NAME(S) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL \_\_\_\_\_ PHONE (h) \_\_\_\_\_ (c) \_\_\_\_\_  
 BIRTHDATE MM/DD/YYYY \_\_\_\_\_ CONGREGATION \_\_\_\_\_

**PLEASE MARK EACH CLASS TO BE ON ROSTER.  
 YOU MUST SHOW PROOF OF VACCINATION TO ATTEND IN-PERSON CLASSES!**

## MONDAY

**9:00 A.M. - 10:50 A.M.**  
 Paper Crafting  
 \_\_\_ *In-person*

**9:30 A.M. - 10:45 A.M.**  
 Grandparenting Today  
 \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 Great Books Online  
 \_\_\_ *Online*

**10:00 A.M. - 11:50 A.M.**  
**OCTOBER 24 ONLY**  
 Windows File Management  
 \_\_\_ *In-person*

**11:00 A.M. - 11:50 A.M.**  
 Yoga  
 \_\_\_ *In-person*      \_\_\_ *Online*

**11:00 A.M. - 12:50 P.M.**  
 Crafting with Connie  
 \_\_\_ *In-person*

**12:00 P.M. - 12:50 P.M.**  
 What Is Putin's Next Target?  
 \_\_\_ *Online*

**1:00 P.M. - 1:50 P.M.**  
 Survey of World Music  
 \_\_\_ *Online*

**1:00 P.M. - 2:30 P.M.**  
 LQ Artists  
 \_\_\_ *Online*

## MON. & TUE.

**10:00 A.M. - 10:50 A.M.**  
 Beginning Spanish  
 \_\_\_ *In-person*

## TUESDAY

**9:30 A.M. - 11:00 A.M.**  
 Conversational Spanish  
 \_\_\_ *In-person*

## TUESDAY, Cont.

**11:00 A.M. - 11:50 A.M.**  
 The Biblical Foundations of  
 Social Justice  
 \_\_\_ *Online*

**1:00 P.M. - 1:50 P.M.**  
 Scattergories  
 \_\_\_ *Online*

**2:00 P.M. - 3:30 P.M.**  
 Tell Your Own Story  
 \_\_\_ *Online*

## WEDNESDAY

**9:00 A.M. - 9:50 A.M.**  
 Behind the Headlines  
 \_\_\_ *In-person*      \_\_\_ *Online*

**9:00 A.M. - 10:50 A.M.**  
**SEPTEMBER 28 - NOVEMBER 16**  
 Watercolor  
 \_\_\_ *In-person*

**10:00 A.M. - 10:50 A.M.**  
 Intro to Astronomy  
 \_\_\_ *In-person*      \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 Great Books In-person  
 \_\_\_ *In-person*

**10:00 A.M. - 10:50 A.M.**  
 U.S. Foreign Policy  
 \_\_\_ *In-person*      \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 Swingin' Down the Lane  
 \_\_\_ *In-person*

**11:00 A.M. - 11:50 A.M.**  
 Navigating the Healthcare  
 System  
 \_\_\_ *In-person*      \_\_\_ *Online*

**11:00 A.M. - 11:50 A.M.**  
 Founding Mothers  
 \_\_\_ *In-person*

## WEDNESDAY, Cont.

**11:00 A.M. - 11:50 A.M.**  
 Napoleon Bonaparte  
 \_\_\_ *In-person*

**12:00 P.M. - 12:50 P.M.**  
 Jazz Piano  
 \_\_\_ *In-person*

**1:00 P.M. - 3:00 P.M.**  
 Sculpting  
 \_\_\_ *In-person*

**1:00 P.M. - 2:30 P.M.**  
 Conversations with Fred  
 \_\_\_ *In-person*      \_\_\_ *Online*

**1:00 P.M. - 3:00 P.M.**  
 Acrylic and Oil Painting  
 \_\_\_ *In-person*      \_\_\_ *Online*

## THURSDAY

**9:00 A.M. - 9:50 A.M.**  
 Judaism for Fun and Prophet  
 \_\_\_ *In-person*      \_\_\_ *Online*

**9:00 A.M. - 10:50 A.M.**  
 Water Media  
 \_\_\_ *In-person*

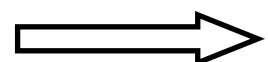
**9:30 A.M. - 10:50 A.M.**  
 Beginning Enneagram  
 \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 Arkansas Heart Hospital  
 \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 So You Think You Know LR?  
 \_\_\_ *In-person*      \_\_\_ *Online*

**10:00 A.M. - 10:50 A.M.**  
 LQ Book Club  
 \_\_\_ *In-person*

**More classes and fees on the back.**



## THURSDAY, Cont.

**10:00 A.M. - 10:50 A.M.**

Domestic Violence

\_\_\_ *In-person*

**10:00 A.M. - 11:50 A.M.**

Mah Jongg

\_\_\_ *In-person*

**11:00 A.M. - 11:50 A.M.**

What's on Your Mind?

\_\_\_ *In-person*

**11:00 A.M. - 11:50 A.M.**

Intimacy Issues for Seniors

\_\_\_ *In-person*

**11:00 A.M. - 11:50 A.M.**

Tai Chi

\_\_\_ *In-person*

**11:00 A.M. - 12:30 P.M.**

Book Discussion Group

\_\_\_ *Online*

**12:00 P.M. - 12:50 P.M.**

Line Dancing

\_\_\_ *In-person*

**1:00 P.M. - 1:50 P.M.**

Mindfulness and Compassion

\_\_\_ *In-person*

**1:00 P.M. - 3:00 P.M.**

Pastels

\_\_\_ *In-person*      \_\_\_ *Online*

**1:15 P.M. - 2:00 P.M.**

Yoga

\_\_\_ *In-person*

## DIGITAL LEARNING WORKSHOPS

### THURSDAYS

**9:00 A.M. - 10:50 A.M.**

**September 22**

Basics of Edge Browser

\_\_\_ *In-person*

**September 29 & October 6**

Your Mobile Phone's Camera

\_\_\_ *In-person*

**October 13 - November 10**

Getting the Most Out of Your iPhone

\_\_\_ *In-person*

## ORIENTATION

**Tuesday: September 13,  
11:00 A.M.**

This orientation is for long-term members AND new members.

We will review:

- The fun of being in-person this term
- Learning together in-person and online
- COVID protocols

\_\_\_ *In-person*      \_\_\_ *Online*

## COVID VACCINE CARD

LifeQuest requires that all in-person participants have a copy of their Covid Vaccine Card on file in the LifeQuest office in order to complete your registration.

\_\_\_ *I have attached a copy.*

\_\_\_ *I will bring a copy to the office.*

\_\_\_ *I will send a copy by email.*

info@lifequestofarkansas.org

## PAYMENT INFO

**\$65** \_\_\_ **Registration Fee**

*Dorothy P. Sitton Scholarships available; please inquire with office*

## Additional Class Fees

\$15 \_\_\_ Great Books

\$10 \_\_\_ File Management

\$40 \_\_\_ Paper Crafts

\$40 \_\_\_ Crafting with Connie

\$10 \_\_\_ Basics of Edge Browser

\$15 \_\_\_ iPhone Class

**\$** \_\_\_ **Total for Class Fees**

**\$** \_\_\_ **Donation**  
100% tax-deductible

**\$** \_\_\_ **TOTAL DUE**

You can access our website to register with this QR.



You can access our website to make a donation with this QR.



## DEMOGRAPHICS

**Gender:**

\_\_\_ Male      \_\_\_ Female

\_\_\_ Transgender

\_\_\_ Non-binary

\_\_\_ Prefer not to answer

**Veteran:**

\_\_\_ Yes      \_\_\_ No

**\*\*YOU MUST FILL THIS OUT IF ATTENDING IN-PERSON CLASSES\*\***

EMERGENCY CONTACT NAME: \_\_\_\_\_

RELATIONSHIP TO YOU: \_\_\_\_\_ CONTACT PHONE: \_\_\_\_\_

**Mail form and check to:**

LifeQuest of Arkansas  
P.O. Box 25523  
Little Rock, AR 72221

**Register and Pay Online:**

Lifequestofarkansas.org

**Questions?**

501-225-6073

info@lifequestofarkansas.org