

# LIFEQUEST: SUMMER 2018 REGISTRATION

NAME(S) \_\_\_\_\_

I'm new!    No changes    My information has changed:

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ PHONE (h) \_\_\_\_\_ (c) \_\_\_\_\_

BIRTHDATE (for statistics only) \_\_\_\_\_

CONGREGATION \_\_\_\_\_

EMERGENCY CONTACT NAME(S) \_\_\_\_\_ PHONE: \_\_\_\_\_

Relationship: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

**If TWO people are using this form, please use INITIALS to indicate who will take each class.**

## —REGISTRATION OPENS JUNE 4—

### WEDNESDAY CLASSES:

#### 9:00 AM

- \_\_\_ A. Chewing the Fat with Rex & Paul
- \_\_\_ B. Knitting & Sharing—2 hrs
- \_\_\_ C. Experienced Watercolor—3 hrs

#### 10:00 AM

- \_\_\_ D. A Think Tank for Positive Change
- \_\_\_ E. France Since 1945
- \_\_\_ F. Plant This, Not That: Give Natives a Chance

#### 11:00 AM

- \_\_\_ G. Cyber Security
- \_\_\_ H. Four 20th Century Choral Masterpieces
- \_\_\_ I. If Modernity is Dead, What's Next?
- \_\_\_ J. Money Matters

#### 1:15 PM

- \_\_\_ K. Human Beings
- \_\_\_ L. Zentangle
- \_\_\_ M. Games for Fun—2hrs
  - Bridge    Mah Jongg    Scrabble
- \_\_\_ N. Oil Painting Instruction—3hrs

### THURSDAY CLASSES:

#### 9:00 AM

- \_\_\_ TH1 Arkansas Backstories
- \_\_\_ TH2 Basic Drawing—2 hrs
- \_\_\_ TH3 Mah Jongg Refresher—2 hrs
- \_\_\_ TH4 Movies w/ Philip Martin—2.5 hrs
- \_\_\_ TH5 Water Media Studio—3 hrs

#### 10:00 AM

- \_\_\_ TH6 Preserving Precious Memories
- \_\_\_ TH7 Meditation & Compassion
- \_\_\_ TH8 Greeting Cards—2 hrs

#### 11:00 AM

- \_\_\_ TH9 Yoga
- \_\_\_ TH10 Understanding the U.S Legal System
- \_\_\_ TH11 Thriving in Retirement
- \_\_\_ TH12 Genealogy: Uncovering Our Ancestors' American Dreams

### SUMMER FIELD TRIP:

**Thursday, August 2  
12:00 p.m. to 3:00 p.m.**

\_\_\_ TH13 Geology Lecture & Tour  
Brown bag lecture at noon at Second Presbyterian Church followed by a private tour of the Arkansas Geological Survey. Transportation is on your own.  
*(Open to all LifeQuest members enrolled in the Summer Term.)*

**Instructor bios on back!**

### ENCLOSED PAYMENT:

\$ \_\_\_\_\_ Registration Fee = **\$35**  
**(covers multiple classes!)**  
*Sitton Scholarships available*

#### Additional Fees:

\$ \_\_\_\_\_ \$10 Greeting Cards

\$ \_\_\_\_\_ DONATION:  
(100% tax-deductible)

\$ \_\_\_\_\_ **TOTAL**

### MORNING COFFEE BREAK

Yes! I can deliver a pre-packaged snack (cookies, pretzels, granola bars, etc.) to the LifeQuest office.

### **CHECK YOUR EMAIL!**

We will notify you by email once your registration has been received.

Classes are held at Second Presbyterian Church, 600 Pleasant Valley Drive  
(except for "Movies with Philip Martin" held at Riverdale 10 Theatre this summer.)

**Please mail form and check to: LifeQuest, PO Box 25523, Little Rock, AR 72221**

**Or enroll and pay by credit card on our website: [www.lifequestofarkansas.org](http://www.lifequestofarkansas.org)**

# Instructor Highlight: Three Arkansas Experts

SUMMER 2018

## **CHEWING THE FAT: SECOND BITE with REX NELSON & PAUL AUSTIN**

**Wednesdays, 9:00—9:50 a.m**

We are delighted to welcome back for a second summer, **Rex Nelson** and **Paul Austin** to educate, inspire, and entertain us with their LifeQuest class, “Chewing the Fat: Second Bite.” Inspired by their Central Arkansas Library System radio and podcast program, *Chewing the Fat with Rex & Paul*, each week they plan to share their adventures exploring the food and culture of Arkansas.

Their shared love of Arkansas, its people and rich history, is evident in their careers and impact on our state. **Paul Austin**, from Imboden, Arkansas and United States Navy veteran, recently retired as Executive Director of the Arkansas Humanities Council, Arkansas's affiliate of the National Endowment for the Humanities. In that role Austin worked to promote the fullness of Arkansas history and to allow local communities to take fading history into their own hands. Previously, Paul served as Executive Director of the American Indian Center of Arkansas and was the founding Director of the National Trail of Tears Association. He is currently working on a book transcribing and annotating letters from missionaries to the Cherokees at the time of removal.

A native of Arkadelphia, **Rex Nelson** has had a long career in journalism and politics on both sides of the political spectrum. He was the political editor of the Arkansas Democrat-Gazette during President Bill Clinton’s 1992 campaign and first term and served as the Washington Bureau Chief and Assistant Sports Editor of the Arkansas Democrat. He became Gov. Mike Huckabee’s director of policy and communications and was a member of the governor’s senior management team for more than nine years. Nelson was also named by President George W. Bush as one of the president’s two appointees to the Delta Regional Authority. As Senior Editor at Arkansas Dem-Gaz, Nelson writes a blog, *Rex Nelson’s Southern Fried—ruminations on barbeque, politicking, football, ...etc.*, and believes:

*“barbecue must be pork, college football should be played in the afternoon, crappie is the best-tasting fish in the world, Southern governors should wear seersucker in the summer, Friday lunch at Galatoire’s is one of the world’s great traditions, and Delta Italians make better tamales than the tamales you find in Mexican restaurants.”*

## **ARKANSAS BACKSTORIES with JOE DAVID RICE**

**Thursdays, 9:00—9:50 a.m.**

This summer we look forward to welcoming **Joe David Rice**, in his class, “Arkansas Backstories,” based in part from chapters from his upcoming book. Born in Paragould and reared in Jonesboro, Rice is a well-known and respected resource on all things Arkansas. An accomplished promoter of the state as a “must see and experience” destination, Rice served as Arkansas’s tourism director for 30 years, working under five governors.

He first developed an appreciation for the outdoor world during the many weekends spent with his family on Lake Norfolk. Upon graduation from the University of Arkansas in Fayetteville, he attended the University of Illinois, earning a master’s degree in environmental planning. Prior to his employment with the state, Rice was co-owner of an outfitting business on the Buffalo National River.

Back in younger days, Rice and his Jonesboro buddies constructed one of the first mountain bike trails in the state – well before mountain bikes were the rage. He has spent lots of time underground and at one time owned the second longest cave in Arkansas. He testified before a U.S. Senate committee in behalf of the Arkansas Wilderness Act, has been published by *American Photographer* magazine, and produced “The Arkansas Floater’s Kit.”

The proud father of Weston and Henry, he enjoys exploring the Arkansas countryside, be it by foot, canoe, or car – and unearthing those lesser-known tidbits that make The Natural State so special. Joe David and his wife Tracey, also a native of northeast Arkansas, take great delight in introducing their out-of-state friends to Arkansas’s many wonderful surprises.