

LIFEQUEST: WINTER 2022 REGISTRATION

NAME(S) _____
 FACEBOOK NAME(S) _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 EMAIL _____ PHONE (h) _____ (c) _____
 BIRTHDATE MM/DD/YYYY _____ CONGREGATION _____

Emergency contact name: _____

Relationship to you: _____ Contact phone: _____

PLEASE MARK EACH CLASS TO BE ON ROSTER
 Proof of vaccination is required for in-person classes.

MONDAY

10:00 a.m. - 10:45 a.m.
 Donatello (40)
 ___ *In-person* ___ *Online*

11:00 a.m. - 11:45 a.m.
 Modern Supreme Court (40)
 ___ *In-person* ___ *Online*

12:00 p.m. - 3:00 p.m.
 Movie Musicals (40)
 ___ *In-person* ___ *Online*

1:00 p.m. - 2:30 p.m.
 LQ Artists
 ___ *Online Only*

TUESDAY

9:00 a.m. - 9:45 a.m.
 Christianity's Jewish Roots
 ___ *In-person (40)* ___ *Online*

10:00 a.m. - 10:45 a.m.
 The Red Shoes Ballet (40)
 ___ *In-person* ___ *Online*

10:00 a.m. - 10:45 a.m.
 The Body Clock
 ___ *Online Only*

10:00 a.m. - 11:30 a.m.
 Grandparenting Today (12)
 ___ *Online Only*

11:00 a.m. - 11:45 a.m.
 William Blake (40)
 ___ *In-person* ___ *Online*

TUESDAY CONT.

12:00 p.m. - 12:45 p.m.
 Incarceration in Arkansas
 ___ *Online Only*

1:00 p.m. - 1:45 p.m.
 Critical Thinking
 ___ *Online Only*

1:00 p.m. - 1:45 p.m.
 Tai Chi (20)
 ___ *In-person Only*

WEDNESDAY

9:00 a.m. - 9:45 a.m.
 Behind the Headlines (200)
 ___ *In-person* ___ *Online*

9:15 a.m. - 10:45 a.m.
 Simple Stamping (10)
 ___ *In-person Only*

9:15 a.m. - 11:00 a.m.
 Open Studio (16)
 ___ *In-person Only*

9:15 a.m. - 11:15 a.m.
 Mah Jongg (20)
 ___ *In-person Only*

10:00 a.m. - 10:45 a.m.
 Great Books (18)
 ___ *Online Only*

10:00 a.m. - 10:45 a.m.
 U.S. Foreign Policy (200)
 ___ *In-person* ___ *Online*

REGISTRATION

\$65 _____ Registration Fee

*Dorothy P. Sitton Scholarships
 available; please inquire with office*

Additional Class Fees

\$15 _____ Simple Stamping

\$15 _____ Great Books

\$40 _____ Paper Crafts

\$40 _____ Adv. Papercrafting

\$10 _____ Computer Maintenance

\$10 _____ iPhone Photos

\$10 _____ File Management

\$10 _____ Edison Email

\$10 _____ Google Photos

LifeQuest Library 2022

Access to all archived classes:

\$50 _____ Annual Library Access

Curbside Meals (serves two)

20 available; first come, first served.

	Meal	Rolls	Cinn. Rolls
	\$16	\$5	\$8
Jan. 20	_____	_____	_____
Jan. 27	_____	_____	_____
Feb. 3	_____	_____	_____
Feb. 10	_____	_____	_____
Feb. 17	_____	_____	_____
Feb. 24	_____	_____	_____
March 3	_____	_____	_____
March 10	_____	_____	_____

\$ _____ Donation
 100% tax-deductible

\$ _____ TOTAL amount

WEDNESDAY CONT.

- 11:00 a.m. - 11:45 a.m.**
Travel Guide
___ *Online Only*
- 11:00 a.m. - 11:45 a.m.**
Chair Yoga (20)
___ *In-person* ___ *Online*
- 11:00 a.m. - 12:30 p.m.**
Western Music Before 1600
___ *In-person Only (40)*
- 11:00 a.m. - 12:30 p.m.**
Paper Crafts (8)
___ *In-person Only*
- 12:00 p.m. - 12:45 p.m.**
Guest Speaker Hour
___ *Online Only*
- 1:00 p.m. - 1:45 p.m.**
Jazz Piano (40)
___ *In-person Only*
- 1:00 p.m. - 3:00 p.m.**
Acrylic and Oil Painting
___ *In-person (16)* ___ *Online*
- 2:00 p.m. - 3:30 p.m.**
Tell Your Own Story (14)
___ *Online Only*

THURSDAY

- 9:00 a.m. - 9:45 a.m.**
Arkansas Agriculture (40)
___ *In-person* ___ *Online*
- 9:00 a.m. - 9:45 a.m.**
Plant Diet (WFPB)
___ *Online Only*
- 9:15 a.m. - 11:15 a.m.**
Watercolor with Tom (16)
___ *In-person* ___ *Online*
- 9:15 a.m. - 11:15 a.m.**
Advanced Papercrafting (10)
___ *In-person Only*
- 9:30 a.m. - 11:00 a.m.**
Conversational Spanish (8)
___ *In-person Only*

THURSDAY CONT.

- 10:00 a.m. - 10:45 a.m.**
What's On Your Mind (20)
___ *In-person Only*
- 10:00 a.m. - 10:45 a.m.**
Arkansas Heart Hospital
___ *Online Only*
- 10:00 a.m. - 10:45 a.m.**
LQ Book Club (14)
___ *In-person* ___ *Online*
- 10:00 a.m. - 10:45 a.m.**
Horsereading in Arkansas (40)
___ *In-person* ___ *Online*
- 11:00 a.m. - 11:45 a.m.**
Modern American Poems (40)
___ *In-person* ___ *Online*
- 11:00 a.m. - 12:30 p.m.**
Book Discussion Group (16)
___ *Online Only*
- 12:00 p.m. - 12:45 p.m.**
Yoga
___ *Online Only*
- 12:00 p.m. - 12:45 p.m.**
AARP: Caring Conversations
___ *Online Only*
- 1:00 p.m. - 3:00 p.m.**
Pastels (16)
___ *In-person* ___ *Online*

FRIDAY

- 9:00 a.m. - 12:00 p.m.**
Fridays With Philip
___ *Online Only*

DEMOGRAPHIC INFO

- Gender:**
___ Male ___ Female
___ Transgender
___ Non-binary
___ Prefer not to answer
- Veteran:**
___ Yes ___ No

DIGITAL LEARNING WORKSHOPS
Every Tuesday

- January 18 & 25**
Computer Maintenance
___ *In-person Only (8)*
- February 1**
iPhone Photos
___ *In-person Only (8)*
- February 8**
Introduction to File Mgt.
___ *In-person Only (8)*
- February 15**
Edison Email
___ *In-person Only (8)*
- February 22 & March 1**
Intro. to Google Photos
___ *In-person Only (8)*
- March 8**
Cybersecurity for Everyone
___ *In-person (20)* ___ *Online*

ORIENTATION

- Tuesday: January 11, 11:00 a.m.**
Orientation with LifeQuest. Must bring proof of COVID vaccine card.
___ *In-person (40)* ___ *Online*

Mail form and check to:
LifeQuest of Arkansas
P.O. Box 25523
Little Rock, AR 72221

Register and pay online:
Lifequestofarkansas.org

Questions?
501-225-6073

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