

LIFEQUEST: SPRING 2024 REGISTRATION

NAME(S) _____
 FACEBOOK NAME(S) _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 EMAIL _____ PHONE _____
 BIRTHDATE MM/DD/YYYY _____ CONGREGATION _____
 EMERGENCY CONTACT NAME: _____
 RELATIONSHIP TO YOU: _____ CONTACT PHONE: _____

PLEASE MARK EACH CLASS TO BE ON ROSTER. (If registering for 2, please initial)

MONDAY	TUESDAY, Cont.	WEDNESDAY, Cont.
9:00 A.M. - 10:50 A.M. Greeting Cards ___ <i>In-person</i>	12:00 P.M. - 12:50 P.M. Conversations with Fred ___ <i>Online</i>	1:00 P.M. - 3:00 P.M. Acrylic and Oil Painting ___ <i>In-person</i> ___ <i>Online</i>
9:30 A.M. - 10:45 A.M. Grandparenting Today ___ <i>Online</i>	1:00 P.M. - 2:30 P.M. Tell Your Own Story ___ <i>Online</i>	THURSDAY
10:00 A.M. - 10:50 A.M. Great Books Online ___ <i>Online</i> Pilates ___ <i>In-person</i>	WEDNESDAY	9:00 A.M. - 9:50 A.M. Law and Religion ___ <i>In-person</i> ___ <i>Online</i>
11:00 A.M. - 11:50 A.M. Tai Chi ___ <i>In-person</i>	9:00 A.M. - 10:50 A.M. Making Pictures Pop ◆ 4 Weeks Only Apr. 3 - Apr. 24 ___ <i>In-person</i>	9:00 A.M. - 10:50 A.M. Open Studio ___ <i>In-person</i> Beginning Mah Jongg ___ <i>In-person</i>
11:00 A.M. - 12:50 P.M. Crafting with Connie ___ <i>In-person</i>	10:00 A.M. - 10:50 A.M. Arkansas and the Environment ___ <i>In-person</i> ___ <i>Online</i> U.S. Foreign Policy Today ___ <i>In-person</i> ___ <i>Online</i>	10:00 A.M. - 10:50 A.M. A Potpourri of European Exploration ___ <i>In-person</i> Socrates Cafe ___ <i>In-person</i>
12:00 P.M. - 12:50 P.M. Southeast Asia ___ <i>Online</i>	Great Books In-person ___ <i>In-person</i> Beginning Spanish ___ <i>In-person</i>	10:00 A.M. - 10:50 A.M. American Women Authors ___ <i>In-person</i> ___ <i>Online</i> Yoga with Brandy ___ <i>In-person</i>
12:00 P.M. - 1:30 P.M. Why and How to Haiku ___ <i>Online</i>	Life in Judaism ◆ 4 Weeks Only May 8 - May 29 ___ <i>In-person</i>	10:00 A.M. - 11:50 A.M. Cellphone Photos ___ <i>In-person</i>
1:00 P.M. - 2:15 P.M. Beginning Pickleball A ___ <i>In-person</i>	10:00 A.M. - 11:50 A.M. Knitting and Sharing ___ <i>In-person</i>	11:00 A.M. - 11:50 A.M. LQ Book Club ___ <i>In-person</i> Napoleon Bonaparte ___ <i>In-person</i> ___ <i>Online</i> Virginia Woolf ___ <i>In-person</i>
2:30 P.M. - 3:45 P.M. Beginning Pickleball B ___ <i>In-person</i>	11:00 A.M. - 11:50 A.M. The Progressive Movement ___ <i>In-person</i> ___ <i>Online</i> Tour of the Solar System ___ <i>In-person</i> ___ <i>Online</i> Hidden-Gem Folk Musicians ___ <i>In-person</i> The TV Series "The Chosen" ___ <i>In-person</i>	11:00 A.M. - 11:50 A.M. Tai Chi ___ <i>In-person</i> Genealogy Discovery 2024 ___ <i>In-person</i>
MONDAY & WEDNESDAY	1:00 P.M. - 2:30 P.M. Improv ___ <i>In-person</i>	12:00 P.M. - 12:50 P.M. Line Dancing ___ <i>In-person</i>
MONDAY & WEDNESDAY	1:00 P.M. - 2:30 P.M. Spanish Lingo and Food ___ <i>In-person</i>	
TUESDAY		
10:00 A.M. - 10:50 A.M. Learning to Love ___ <i>Online</i> Yoga ___ <i>In-person</i>		
10:00 A.M. - 11:30 A.M. Conversational Spanish ___ <i>In-person</i>		

THURSDAY, Cont.**1:00 P.M. - 1:50 P.M.**

Let's Make a Movie

___ *In-person***1:00 P.M. - 3:00 P.M.**

Pastels

___ *In-person***1:30 P.M. - 2:30 P.M.**

Middle Eastern Dance

___ *In-person***WEDNESDAY
IN-PERSON MEALS****\$12 per person, served in the
Great Hall at Noon****Meal includes entrée, salad,
bread & dessert.****April 3**

___ Chicken Pot Pie, Salad, Cookies

April 10___ Sausage Jambalaya, Salad,
Brownies**April 17**___ Chicken Spaghetti, Vegetable,
Lemon Cake**April 24**___ Pork Tenderloin, Potatoes,
Goopy Butter Cake**May 1**___ Chicken Caesar Salad, Rolls,
Banana Pudding**May 8**___ Beef Stroganoff, Vegetable,
Chocolate Cake**May 15**___ Chicken Cacciatore, Vegetable,
Cheesecake**March 22**___ Vegetable Lasagna, Salad,
Cinnamon Crumb Cake**THURSDAY CURBSIDE
MEALS****Can be picked up between
11:45 A.M. - 12:15 P.M.
\$16 per entrée (2 servings),
\$10 desserts (4-6 servings)****April 4**

___ Entrée: Chicken Fettucine

___ Dessert: Chocolate Cake

April 11

___ Entrée: Pot Roast

___ Dessert: Cinnamon Rolls

April 18

___ Entrée: Spaghetti & Meatballs

___ Dessert: Brownies

April 25

___ Entrée: Chicken Parmesan

___ Dessert: Bread Pudding

May 2

___ Entrée: Meatloaf

___ Dessert: Banana Pudding

May 9

___ Entrée: Chicken Enchiladas

___ Dessert: Pecan Sticky Buns

May 16

___ Entrée: BBQ Pork

Baked Potatoes

___ Dessert: Cookies

May 23

___ Entrée: Beef Brisket

___ Dessert: Strawberry Shortcake

Mail form and check to:

LifeQuest of Arkansas

P.O. Box 25523

Little Rock, AR 72221

Register and Pay Online:

Lifequestofarkansas.org

**Registration, Class Fees,
Meals and
Donations/Tributes****Registration:** \$85___**Class Fees:**

Greeting Cards \$40___

Crafting with Connie \$40___

Spanish Lingo & Food \$15___

Meals:

Lunch and Learn

___ # meals X \$12 \$___

Curbside Meals

___ # meals X \$16 \$___

Curbside Desserts

___ # desserts X \$10 \$___

Donations/Tributes:

Donations: \$___

Tributes: \$___

In honor/memory of:
_____**Total Fees:** \$___