

# slice of Life



## Hendrix College Professors “Retire” at LifeQuest

LifeQuest benefits from its close proximity to nationally-ranked Hendrix College, a liberal arts college in Conway, Arkansas that draws students from all over the United States and beyond. As Hendrix professors retire, many find a home at LifeQuest as participants, instructors and members of the Curriculum Committee. It’s a natural fit says retired Professor of English and LifeQuest instructor, Chuck Chappell:

*“Teaching courses at LifeQuest is a fantasy turned into a reality during our retirement years as veteran classroom instructors. LifeQuest offers the ideal opportunity for intellectual engagement and meaningful social interaction. In addition, I have also been able to develop new and enduring friendships with many bright and congenial people who attend LifeQuest sessions regularly.”*

From classical music to folk music, from U.S. foreign policy and current global issues to the history of England, these instructors contribute their expertise, time and talents to the LifeQuest curriculum. We salute our Hendrix faculty and thank them for so greatly enriching our programs at LifeQuest!



*Back Row: Ralph McKenna, Joe Lombardi, Ansley Fleming, Chuck Chappell Front Row: Garrett McAinsh, Nancy Fleming, and Ian King Not pictured: Alan Eastham and David Larson*

## A Gift that Gives Back

We hope you have enjoyed your time with LifeQuest in 2018 as much as we have. After 37 years, the growth of this organization continues to amaze me and it is a privilege to serve our community’s aging adult population in the unique way that we do.



While many nonprofits focus on important issues facing our children and young adults, LifeQuest is committed to serve a population that often goes unnoticed. Our programs continue to offer retired adults the chance to learn, teach, stay physically active and socially connected. All of these opportunities are important—at any age.

This holiday season, I would like to ask that you consider making a gift to support LifeQuest because *you* believe in the work we are doing and support our efforts to keep the program affordable for all. With your generosity, we will be able to serve more adults both now and in the future.

With sincere gratitude,

  
Emily Ingram  
Executive Director

## Anne Parat at the Helm

This January, Anne Parat begins her new role as Chair of the Curriculum Committee, the 18-member body that plans the course offerings at LifeQuest each term. She replaces Sandra Hanson who has served graciously for the past two years.



Anne joined LifeQuest in the spring of 2015 with the encouragement of her special neighbor Betsy Borchert—an invitation for which she is eternally grateful. In 2017, she began serving on the Curriculum Committee after being recruited by Nancy Irving Smith.

Anne brings to her role a wealth of ideas, energy and demonstrated commitment to LifeQuest as a member, instructor and volunteer. She says LifeQuest has given her the opportunity to return to her love of art in a variety of the courses offered.

Anne is thrilled to embark on the new role of Chair and looks forward to another opportunity to give back to LifeQuest. And we look forward to Anne’s leadership in the coming year!

## An Irish Blessing Indeed

In November, eight LifeQuesters traveled to the Emerald Isle for an 8-day tour of some of the country's most iconic and beautiful places.

**Catherine Ditamore**, "LifeQuest International Correspondent," had this to say on her first day:

*"Landed in Dublin today after a very long day and night of travel to some light rain which cleared in the afternoon. Arrived at Cabra Castle in time for a lovely lunch, followed by a short walk in the exquisitely manicured gardens and grounds. Then, to work, figuring out the electrical outlets, power converters, and hairdryers. Finally, naps for all! The group dinner for all 27 in our tour was an exquisite four course meal! Can't wait to see what tomorrow brings!"*



Marilyn Brewster, Patsie Bridges, Jo Summar

## LifeQuesters On The Move

We know LifeQuest members have a passion for life-long learning and adventure, and the intrepid explorers to Ireland this past fall were no exception. They had barely unpacked their Irish whiskey and woollens before asking "Where shall we go next?" Our answer: *Vamos a España!* Let's go to Spain!

Join LifeQuest as we partner with Collette Travel for an excursion to Spain

**November 9—19, 2019.**

There is nothing like Spain in the fall. With its pleasantly mild weather, delicious cuisine and local wines, it's an excellent time to explore the rich history, culture, and food of this wonderful country.



The Royal Palace of Madrid

Highlights of the tour include a historic walking tour of Madrid, a traditional Flamenco show, a paella-making demonstration, and guided tours of the cities of Barcelona, Toledo, Cordoba, Granada and Seville. And you'll return with vivid memories of a spectacular trip to an old country with new friends! **Watch for more details soon and plan to join us for an information meeting at 1:00 p.m. on March 12 to learn more.**

## Memorials

*Gifts made between July 16, 2018 – October 15, 2018*

<u>In memory of</u>	<u>Donor</u>
Leona Bailey	Richard Lucy
Leona Bailey	Barbara Schumacher
Rose Rossi Highfill	Andrea Meuer
Courtney Carmichael Jackson	Presley Jackson
Courtney Carmichael Jackson	Anonymous
Oniel Eugene Long	Georgia Shaver
Raye Montague	Janet Elwood
Raye Montague	Trudy & Jerry Jacobson
Raye Montague	Ann West & Rod Cottrell
Raye Montague	Shelley & Don Wold
Roy Smith	Ann McSwain

### **We Remember:**

*Raye Montague  
Roy Smith*

## Honorariums

*Gifts made between July 16, 2018 – October 15, 2018*

<u>In honor of</u>	<u>Donor</u>
Dr. Alan Arcuri	Art English
Clarence Cash	Peyton Bishop
Roger & Jean Chisholm	James Butler
Ralph & Mary Cotham	Thea Spatz
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David Dyer	Alice Andrews
David Dyer	Patsy Tarvin
Leah Greenfield	PEO Chapter X
Rev. Steve Hancock	Lucy Abraham
Tom Herring	Peyton Bishop
Emily Ingram	Art Pfeifer
LifeQuest Staff & Volunteers	Buddy Rotenberry

## With Gratitude...

LifeQuest is grateful to the many volunteers who serve in various roles each year. This year, we salute two board directors whose term ends with 2018. We have appreciated their commitment to our organization over the past six years:

*Dent Gitchel  
Rabbi Gene Levy*

As we say farewell to the directors listed above, we welcome two new directors to our board and look forward to their leadership:

<b>New Board Directors</b>	<b>2019 Officers</b>
<i>Phil Kaplan</i>	<i>Bob Cabe, Chair</i>
<i>Micky Rigby</i>	<i>Eve Yancey, Vice Chair</i>
	<i>Mike Watts, Treasurer</i>
	<i>Janis Kearney, Sec.</i>
	<i>Nan Selz, At-Large</i>

### 2018 Supporting Congregations

Asbury United Methodist Church  
 Christ Church  
 Christ the King Catholic Church  
 Congregation B'nai Israel  
 First United Methodist Church  
 Grace Lutheran Church  
 Grace Presbyterian Church  
 Jewish Federation of Arkansas  
 Little Rock Friends Meeting (Quakers)  
 Our Lady of Holy Souls Catholic Church  
 Pulaski Heights United Methodist Church  
 Quapaw Quarter United Methodist Church  
 Second Presbyterian Church  
 Sisterhood Agudath Achim  
 St. James United Methodist Church  
 St. Mark's Episcopal Church  
 Trinity Presbyterian Church  
 Unitarian Universalist Church  
 Westminster Presbyterian Church  
 Westover Hills Presbyterian Church

### 2018—2019 Corporate Sponsors

#### Presenting

Home Instead Senior Care  
 Snell Prosthetics & Orthotics

#### Diamond

Arkansas Heart Hospital

#### Platinum

AARP Arkansas  
 Arkansas Blue Cross Blue Shield  
 Woodland Heights

#### Silver

Bank of Little Rock  
 The Charlotte John Co.  
 Elder Stay @ Home  
 Friday, Eldredge & Clark LLP  
 Little Rock Funeral Home  
 Simmons Wealth Management  
 Visiting Angels

#### Bronze

Fox Ridge Luxury Senior Living  
 Presbyterian Village



LifeQuest offers a shuttle service on Wednesdays from 8:30 a.m. - 1:30 p.m. between Second Presbyterian Church and St. James United Methodist Church.



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Little Rock, AR 72221

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WINTER 2019



WOODLAND  
HEIGHTS

New Platinum Sponsor

**BOARD OF DIRECTORS**

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Micky Rigby  
Nan Selz, *At Large*  
John Shock, MD  
Cathy Slater  
Mike Watts, *Treasurer*  
Lindsay Thomas White  
Eve Yancey, *Vice Chair*

**MARK YOUR CALENDAR:**

Spring Registration Opens: March 4  
Spring Term: April 3—May 23  
Summer Registration Opens: June 3  
Summer Term: July 10—August 1

**STAFF MEMBERS**

Emily C. Ingram  
*Executive Director*  
Leah W. Greenfield  
*Program Coordinator*  
Lindy L. Harrell  
*Office Manager*  
Gina R. Bridges  
*Administrative Assistant*  
**Wednesday Staff:**  
Michael Gray, *Food & Bev.*  
Donna Elkey, *Shuttle*

**Registration Fees & Scholarships**

Register online at [lifequestofarkansas.org](http://lifequestofarkansas.org)  
Major credit cards accepted.  
Scholarships are available to assist with registration fees.  
Call the LifeQuest office at 225-6073 to apply.

**CURRICULUM COMMITTEE**

Chuck Chappell  
Arthur W. Gillum\*  
Sandra Hanson  
Glen Harrison  
Marietta Kehler  
Kevin Jones  
Elvon Lloyd  
Garrett McAinsh\*  
Ralph McKenna  
Jody Musgrove  
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\* *Steering Committee*

