



ADVENTURES IN LEARNING

Fall 2012: Sept. 19 - Nov. 8

501-225-6073 / info@lifequestofarkansas.org

Classes held at Second Presbyterian Church, 600 Pleasant Valley Dr., Little Rock

REGISTRATION FEE: \$60.00 by Sept. 7 - \$70 after Sept. 7

*Note: Registration covers all Wednesday & Thursday classes for the entire 8 week term.
Some classes require an additional class fee.*

NEW MEMBER COFFEE & ORIENTATION:

Wed., Sept. 12, 9:30—10:30 a.m. 600 Pleasant Valley Drive

WEDNESDAY CLASSES:

8:30 - 9:50 a.m.

ADVANCED SPANISH (1.5 hrs)

Marcie Smith, Instructor; Phil Wittman, Coordinator

For people with level 4+ skills. (Book, CD, & flash cards may be ordered at an additional cost.)

9:00 - 9:50 a.m.

BEHIND THE HEADLINES

John Brummett, Instructor

Stimulating discussion of late breaking news.

GREAT BOOKS

William E. Moore, Instructor

This course provides an opportunity to read and discuss selections of great literature by classic and modern authors using a group discussion approach.

Materials fee = \$10. Class limited to 20.

Same class is also offered at 1:15 p.m.

9:00 a.m. - 10:50 a.m.

KNITTING & SHARING (2 hrs)

Jean Wallace, Leader; Janet Elwood, Coordinator

Share your knitting knowledge and learn from others.

Class limited to 20.

9:00 a.m. - 11:50 a.m.

WATERCOLOR INSTRUCTION (3 hrs)

Tom Herrin, Instructor; Marietta Kehler, Coordinator

Watercolor exploration for all skill levels. Bring your table cover, paints, brushes, paper, small easel, water cups & paper towels. (Cost for initial supplies is approximately \$50 - \$75.)

Enrollment limited to 16 chosen by lottery on Aug. 28

WATERCOLOR STUDIO (3 hrs)

Marietta Kehler, Coordinator

Paint with friends. No instruction.

10:00 - 10:50 a.m.

GREAT SPEECHES & GREAT SPEAKERS

Rev. David Dyer, Instructor

From Patrick Henry to Sojourner Truth to Ronald Reagan, America has produced great speakers who have delivered great speeches. Each week, David Dyer will present two speeches and a thumbnail sketch of each speaker. He will comment on what is unique about the way Americans speak in public and the way we listen to those who speak, from preachers and teachers to politicians and celebrities.

ARKANSAS IN THE LIFE OF THE NATION

C. Fred Williams, Instructor

Sept. 19	Arkansas: Anchor on the SW Frontier
Sept. 26	Indian Country & Its Impact
Oct. 3	Democratic Politics and Statehood
Oct. 10	Arkansas in the American Civil War
Oct. 17	The 2nd Industrial Revolution & Its Impact
Oct. 24	Progressivism: Reform Impulse in an Agrarian State
Oct. 31	Building an Infrastructure: Arkansas Between the World Wars
Nov. 7	The World Was Watching: LR School Crisis

TRAVELOGUE

Betty Valachovic, Coordinator

Sept. 19	The Sistine Chapel - Jim Rule
Sept. 26	Burma - Danette Hurley
Oct. 3	Hanoi - Danette Hurley
Oct. 10	Thailand Part I - Danette Hurley
Oct. 17	Thailand Part II - Danette Hurley
Oct. 24	Tour of Europe - Glenna Cook
Oct. 31	Easter Island & San Agustin, Columbia Linda Bell
Nov. 7	Rescue at Sea - Ron Eddy

(Wednesday Classes Continued)

SWINGIN' DOWN THE LANE: Big Band Titans

Dr. David Miller, Instructor; Phil Wittman, Coordinator

Sept. 19	Glenn Miller
Sept. 26	Jimmy Dorsey
Oct. 3	Tommy Dorsey
Oct. 10	Benny Goodman
Oct. 17	Russ Morgan
Oct. 24	Harry James
Oct. 31	Guy Lombardo
Nov. 7	The Duke and The Count

TWO FAULKNER NOVELS

Dr. Chuck Chappell, Instructor; Bob Moore, Coord.
We will analyze Sanctuary and Old Man by William Faulkner.

THE LANGUAGE GAME - A SEQUEL

Bonnie Melchoir, Instructor

Sept. 19	The "How" of Words - Unconscious Rules
Sept. 26	The Baggage Words Carry - Connotations
Oct. 3	Does Our Language Shape Our Thought?
Oct. 10	The Trouble With Translation
Oct. 17	Oral English vs. Written English
Oct. 24	Is English Spelling a Mess?
Oct. 31	Our National Mania for Correctness
Nov. 7	My Dialect and Yours

A MATTER OF BALANCE

Todd Price & Courtney Leftwich, Instructors

This two hour lecture class will help emphasize practical strategies to reduce the fear of falling. Learn how to change your environment to reduce falls and how to exercise to increase strength and balance.

Class limited to 16. No repeat registrants from Fall 2010.

HOME SWEET HOME

Ginger Goodman & Margaret Hatchett, Coordinators

Sept. 19	Feng Shui - Tom Chandler
Sept. 26	Decorating Outdoor Spaces - Chris Olson
Oct. 3	Car Care - Paul Wilkerson
Oct. 10	Preserving Yesterday's Treasures - Helen Scott
Oct. 17	Pet Care - Dr. Bob Hale
Oct. 24	Window Works - Joyce Holt
Oct. 31	Do I Need a Professional?
Nov. 7	You're Invited - Judy Adams

11:00 a.m. - 11:50 a.m.

SPANISH LEVEL II

Isabel Adams, Instructor; Shelley Wold, Coordinator

Communicate clearly and effectively in past tense;
increase your understanding of Spanish grammar;
practice word order and use of the direct and indirect
object pronouns.

Hardy Series Level II book required.

GEOGRAPHY OF EUROPE

Gerald Hanson, Instructor; Art Gillum, Coordinator

Sept. 19	Culture Area & Physical Environment
Sept. 26	Language Patterns & Religious Patterns
Oct. 3	Population Geography
Oct. 10	Economic Patterns - I
Oct. 17	Economic Patterns - II
Oct. 24	Political Environment - I
Oct. 31	Political Environment - II
Nov. 7	The Rise of Cities Through Time

BOOK REVIEW

Shelley Wold, Coordinator

Sept. 19	<u>Mission to Paris</u> by Alan Furst Matilda Buchanan
Sept. 26	<u>Southern Fried Child in Home Seekers</u> <u>Paradise</u> by the reviewer Jimmie Meese Moomaw
Oct. 3	<u>Morning, Noon, and Night</u> by A. Weinstein Maureen James
Oct. 10	<u>Talking About Detective Fiction</u> by P.D. James Peggy Fitzgerald
Oct. 17	<u>Colonel Roosevelt</u> by Edmund Morris Jim Lynch
Oct. 24	The Ghost Stories of Edith Wharton Fayrene Johnson
Oct. 31	<u>The Naked Olympics</u> by Tony Perrottet Garrett McAinsh
Nov. 7	TBA

SPORTS TALK

Phil Wittman, Coordinator

Come enjoy hearing all about Arkansas sports from local sports personalities. Wally Hall, David Raath, Wess Moore, Steve Sullivan, Mark Edwards, Richard Davenport, Trey Mallett, and Robert Burton.

THE GREAT TYCOONS

Richard Williams, Coordinator

Sept. 19	Cornelius Vanderbilt - Richard Williams
Sept. 26	John D. Rockefeller - Dent Gitchel
Oct. 3	Andrew Carnegie - Fred Ursery
Oct. 10	George Washington - Chris Barrier
Oct. 17	J. P. Morgan - Fred Ursery
Oct. 24	Thomas A. Edison - Ron May
Oct. 31	William Randolph Hearst - Robert Brown
Nov. 7	Henry Flagler - Annabelle Tuck

(Wednesday Classes Continued)

12:00 p.m. - 1:00 p.m.

LUNCH PROGRAMS

Phil Wittman, Coordinator

- Sept. 19 Understanding the Economy - French Hill
Sept. 26 Arkansas Symphony Rockefeller Quartet
Oct. 3 TBA
Oct. 10 Vandervate Children's Quartet
Oct. 17 Voting Information - Susan Inman
Oct. 24 Academy Award Songs - Bob Boyd
Oct. 31 Senior Health Insurance - Melissa Simpson
Nov. 7 TBA

1:15 p.m. - 2:15 p.m.

GREAT BOOKS

William E. Moore, Instructor

This course provides an opportunity to read and discuss selections of great literature by classic and modern authors using a group discussion approach.

Materials fee = \$10. Class limited to 20.

Same class is also offered at 9:00 a.m.

TELLING YOUR STORY

Joy Jones, Franchelle Owen, Tina Coffin, Instructors

Recalling and writing the stories from your life can result in a legacy for your children. As you harvest your memories, you may find a new appreciation of the life you have lived!

ONCE AND FUTURE MYTHS

Leslie Middleton, Instructor; Betty French, Coord.

Learn the power of ancient stories in modern times based on the book by Phil Cousineau.

ZUMBA GOLD

Courtney Leftwich & Todd Price, Instructors

Exercise to Latin music.

1:15 p.m. - 3:15 p.m.

PLAY THE IRISH TIN WHISTLE (2 hrs)

Ellen Stern, Instructor; Margaret Hatchett, Coord.

The Irish whistle, pennywhistle, or tin whistle is one of the easiest of all instruments. Emphasis will be on learning to play by ear but sheet music will be provided if requested.

No previous experience is necessary

Materials fee = \$15.

GAMES FOR FUN

Betty French, Coordinator

Bridge for Fun, Scrabble, and Mah Jongg!

JEWELRY MAKING STUDIO

No instruction. Share your ideas and learn from others.

1:15 p.m. - 4:00 p.m.

OIL PAINTING INSTRUCTION (3 hrs)

Nancy Irving Smith, Coordinator

Oil painting instruction for all levels. Initial supplies will cost approximately \$50 - \$75.

- Sept. 19 Linda Martz
Sept. 26 Denise Luft
Oct. 3 Denise Luft
Oct. 10 Denise Luft
Oct. 17 Susan Plunkett
Oct. 24 Susan Plunkett
Oct. 31 Sean LeCrone
Nov. 7 Sean LeCrone

Enrollment limited to 16.

Chosen by lottery on Aug. 28

PAINTING STUDIO (3 hrs)

Nancy Irving Smith, Coordinator

Paint with friends. No instruction.

THURSDAY CLASSES:

9:00 - 10:00 a.m.

LIFEQUEST BOOK CLUB (1 hr)

Allan Ward, Instructor

A continuation of How The States Got Their Shapes, by Mark Stein and incorporation of his new book, How the States Got Their Shapes Too: The People Behind the Borderlines.

CLASSIC JAZZ

Pat Henry, Instructor; Phil Wittman, Coordinator

Music, videos and discussion of classic jazz.

9:00 - 11:00 a.m.

MAH JONGG FOR BEGINNERS (2 hrs)

Ellen Lowitz, Instructor

Learn to play Mah Jongg. Please purchase your 2012 Mah Jongg card by contacting www.nationalmahjonggleague.org or calling 212-246-3052. *Limited to 16.*

9:00 a.m. - 12:00 p.m.

BASIC DRAWING (3 hrs)

Donald Bersuder, Instructor;

Marietta Kehler, Coordinator

Bring your paper, pencils and your creativity!

(Thursday classes continued)

HANDMADE & BEAUTIFUL (3 hrs)

Ellen Barner, Instructor

Come have fun while learning to make your own greeting cards, gifts and jewelry.

Materials fee = \$20.

Enrollment limited to 12.

WATERCOLOR PENCILS (3 hrs)

Joy Jones, Instructor

Bring your "Basic Drawing" sketches to life using watercolor pencils. Learn to layer, highlight and ground your picture with techniques similar to using watercolor paint.

Prerequisite to attend class = Basic Drawing with Don Bersuder. Limit 8.

10:00 a.m. - 11:00 a.m.

TAI CHI

Suzanne Yung, Instructor; Art Gillum, Coordinator

Learn the slow, rhythmic movements of Tai Chi-Northern Wu; the 13 Golden Postures and the Tai Chi walk.

LIFE'S QUESTS: Our Discoveries, Insights, and Epiphanies

Allan Ward, Instructor

On our life's journey, we all have experiences that influence the way we think, act, and feel. We will write brief descriptions of these moments and share them each week.

SUDOKU

Ron Eddy Instructor; Margaret Hatchett, Coordinator

Learn to solve the Sudoku puzzle in the daily newspaper. Learn various methods to complete easy to moderately difficult puzzles. No prior Sudoku experience necessary. Bring a pencil.

11:00 a.m. - 12:00 p.m.

YOGA

Lorene Megee, Instructor; Art Gillum, Coordinator

Beginning to Intermediate Yoga. Learn basic Hatha yoga poses, balance, strength, and flexibility. Bring a yoga mat or blanket. Dress comfortably.

WHAT'S ON YOUR MIND?

Bob Alexander, Moderator

Participate in these informal discussions on a variety of topics chosen by class members. Occasional community speakers will join us.

OFF CAMPUS OVERNIGHT CLASS

HOLIDAY COOKING: The Perfect Holiday Party

Robert Hall, CEC Instructor; Ann West, Coord.

Learn tips and techniques from a professional chef. Overnight lodging, materials, and 2 meals at the Winthrop Rockefeller Institute on Petit Jean Mountain.

Class begins Saturday, Oct. 27 at 9:30 a.m.

Departure Sunday, Oct. 28 at 11:00 a.m.

Cost = \$150 to \$210 per person

\$250 to \$370 per couple

Call the LifeQuest office for more details. 225-6073

FALL LUNCHES* - \$7

Sept. 19

Turkey Salad Plate

Baked Potato Salad

Grapes

Chocolate Chunk Cookies

Oct. 17

Quiche Lorraine

Pear & Walnut Salad

Muffins

Apple Crisp

Sept. 26

Cheese Tortellini

Caesar Salad

French Bread

Lemon Bars

Oct. 24

Chicken Artichoke

Green Beans Almondine

Angle Food Cake w/ Cherries

Oct. 3

Chicken Pesto w/ Vegetables

Brown Rice

Rolls

Cherry Cobbler

Oct. 31

Halloween Pasta

Garden Salad Vinaigrette

French Rolls

Devils Food Cake

Oct. 10

Ham & Swiss on Rye

Coleslaw

Pickles

Turtle Cookies

Nov. 7

Turkey Divan

Cornbread Stuffing

Rolls

Cranberry Apple Pie

*Please cancel or reserve your lunch by Monday noon. 225-6073



ROLLER
FUNERAL HOMES

LifeQuest is grateful to
Roller Funeral Homes for printing
this issue of *Slice of Life* and the Fall
Adventures in Learning
brochure.

**Registrations will be accepted starting August 20.
Lottery for Oil & Watercolor classes will be held August 28th.**

Adventures in Learning - FALL 2012

NAME(S) _____ ☐ I'm Back ! ☐ I'm New!

ADDRESS _____ CITY _____ ZIP _____

E-MAIL _____ PHONE (h) _____ (c) _____

BIRTHDATE (for statistics only) _____ CONGREGATION _____

EMERGENCY CONTACT Name _____ Daytime Phone _____

**If two people are using the form, please use initials to indicate who will take each class.
Remember, your registration fee covers as many classes as you can fit into Wednesdays & Thursdays.**

WEDNESDAY CLASSES:

8:30

___ A. Advanced Spanish - 1.5 hrs

9:00

___ B. Behind the Headlines

___ C1. Great Books

___ D. Knitting & Sharing-2 hrs

FULL Watercolor Instruction * - 3 hrs.

___ F. Watercolor Studio (no instr)

10:00

___ G. Great Speeches & Speakers

___ H. Arkansas History

___ I. Travelogue

___ J. Swingin' Down the Lane

___ K. Literature: Faulkner

___ L. The Language Game: A Sequel

___ M. A Matter of Balance - 2 hrs.

___ N. Home Sweet Home

11:00

___ O. Spanish II

___ P. Geography of Europe

___ R. Book Review

___ S. Sports Talk

___ T. Great Tycoons

1:15

___ C2. Great Books

___ U. Telling Your Story

___ V. Myths: Power of Ancient Stories

___ W. Play the Irish Tin Whistle

___ X1. Mah Jongg for Fun

___ X2. Scrabble for Fun

___ X3. Bridge for Fun

FULL Oil Painting Instruction* - 3 hrs

___ Y2. Oil Painting Studio (no instr)

___ Y3. Jewelry Studio (no instr)

___ Z. Zumba Gold

THURSDAY CLASSES:

9:00

___ TH1 LQ Book Club

___ TH2 Classic Jazz

FULL Mah Jongg Instr.-2 hrs

___ TH4 Basic Drawing-3 hrs

___ TH5 Handmade & Beautiful-3hrs

___ TH6 Watercolor Pencils-3 hrs

10:00

___ TH7 Life's Quests

FULL Tai Chi

___ TH9 Sudoku

11:00

FULL Yoga

___ TH11 What's On Your Mind?

LUNCHES

___ Usually bring my own
___ Pay NOW for all 8 (\$56)
___ Reserve all 8 and pay weekly
___ Reserve or Pay for these dates only:

___ Sept. 19
___ Sept. 26
___ Oct. 3
___ Oct. 10
___ Oct. 17
___ Oct. 24
___ Oct. 31
___ Nov. 7

OFF CAMPUS CLASS (overnight)

___ Holiday Cooking @ WRI

Institute Oct. 27-28

\$150 per person if registered for other Fall classes. \$210/person if not registered for Fall.
\$250/couple if registered for other Fall classes.
\$370/couple if not registered for Fall classes.

* Due to high demand and limited space in the room, the 16 places for Watercolor and Oil classes will be chosen by lottery on Aug. 28.

MORNING COFFEE BREAK

☐ I can bring snacks for one

___ Wed. or ___ Thurs.

ENCLOSED FEES:

\$___ Reg. Fee = \$60

(covers multiple classes!)

\$70 after 9/7

scholarships available

\$___ DONATION: tax deductible

\$___ Lunch: \$7 weekly ; \$56 all 8

Materials Fees:

\$___ Great Books \$10

\$___ Tin Whistle \$15

\$___ Handmade & Beautiful \$20

\$___ Cooking Class & Overnight

\$___ **TOTAL**

Registrations will be accepted starting Aug. 20.

Please mail form and check to: LifeQuest, PO Box 25523, Little Rock, AR 72221