

Catherine Lowry

When did you begin teaching at LifeQuest?

- This is my first year.

Please list your most recent job title:

- Program Coordinator, Information Technology Minor, Donaghey College of Engineering at UALR

What is your educational background?

- BA in history from University of Arkansas Fayetteville
- MA in Interpersonal and Organizational Communication from UALR

Please list experiences, awards or recognition you've had which are related (or not!) to your upcoming class topic:

- Six years as a student of the Enneagram including conducting training sessions for 190 people and attending three multi day workshops.

Please tell us why you like to (or are interested in) teaching at LifeQuest:

- The Enneagram is a fascinating process for understanding ourselves better and enhancing our understanding of other people.