

# LIFEQUEST: SUMMER 2026 REGISTRATION

NAME(S) \_\_\_\_\_  
 FACEBOOK NAME(S) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_  
 EMERGENCY CONTACT: \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_  
 EMERGENCY CONTACT PHONE \_\_\_\_\_  
 DOB \_\_\_\_\_ I AM INTERESTED IN VOLUNTEERING  YES  NO

**To use registration form for two people, please initial each choice.**

## CONWAY, IN-PERSON

### MONDAY

**9:00 A.M. - 9:50 A.M.**

\_\_\_ Triple Play Canasta

**9:00 A.M. - 10:50 A.M.**

\_\_\_ Sit and Stitch

\_\_\_ Open Mah Jongg

**10:00 A.M. - 10:50 A.M.**

\_\_\_ Better Late Than Never: Literary Classics

\_\_\_ Basic German for Travelers

**11:00 A.M. - 11:50 A.M.**

\_\_\_ Round and Out of This World

\_\_\_ LQ Book Club in Conway

**12:00 P.M. - 12:50 P.M.**

\_\_\_ Women Playwrights\*\*\*

\_\_\_ Socrates Cafe in Conway

**1:00 P.M. - 2:30 P.M.**

\_\_\_ Watercolor

### TUESDAY

**9:10 A.M. - 10:00 A.M.**

\_\_\_ Forever Fit LQ at the WAC

**10:00 A.M. - 12:00 P.M.**

\*Group A Only June 30 & July 7\*

\_\_\_ Change Lives Through Literacy Action

### THURSDAY

**10:00 A.M. - 12:00 P.M.**

\*Group B Only July 16 & July 23\*

\_\_\_ Change Lives Through Literacy Action

## LITTLE ROCK, IN-PERSON

### MONDAY

**9:00 A.M. - 12:00 P.M.**

\*4 Weeks Only July 7 - July 28\*

\_\_\_ Summer Pickleball

**10:00 A.M. - 10:50 A.M.**

\_\_\_ Pilates

**10:00 A.M. - 11:50 A.M.**

\_\_\_ Siamese Mah Jongg

**11:00 A.M. - 11:50 A.M.**

\_\_\_ Tai Chi

**12:00 P.M. - 12:50 P.M.**

\_\_\_ Can Tai Qi Heal the Back

### TUESDAY

**6:00 P.M. - 8:00 P.M.**

\*ONE-TIME ONLY July 21\*

\_\_\_ Trio's Wine Tasting

### WEDNESDAY

**9:00 A.M. - 9:50 A.M.**

\_\_\_ Clinton and the Constitution\*\*\*

\_\_\_ ARS Poetica

**9:00 A.M. - 10:30 A.M.**

\_\_\_ A Journey Through the Chakras

**9:00 A.M. - 10:50 A.M.**

\_\_\_ Open Studio

**10:00 A.M. - 10:50 A.M.**

\_\_\_ Vietnam

\_\_\_ Southern Fried Chat\*\*\*

\_\_\_ Better Late Than Never\*\*\*

**10:00 A.M. - 11:50 A.M.**

\_\_\_ Knitting and Sharing

**\*\*\*Denotes a Hybrid class that has an online option and is recorded.**

## LITTLE ROCK, IN-PERSON, Cont.

### WEDNESDAY, Cont.

**10:00 A.M. - 12:00 P.M.**

\*Group A Only July 1 & July 8\*

\_\_\_ Change Lives Through Literacy Action

\*Group B Only June 15 & July 22\*

\_\_\_ Change Lives Through Literacy Action

**11:00 A.M. - 11:50 A.M.**

\_\_\_ Women of the Wild West\*\*\*

\_\_\_ Socrates Cafe

\_\_\_ Practical Music Theory for Popular Music

\_\_\_ *Friedman's Fables*

**12:00 P.M. - 12:50 P.M.**

\_\_\_ Smart Living With AI

**1:00 P.M. - 3:00 P.M.**

\_\_\_ Games for Fun

### THURSDAY

**9:00 A.M. - 10:50 A.M.**

\_\_\_ Mah Jongg for Fun

**9:00 A.M. - 11:50 A.M.**

\_\_\_ Movies with Philip Martin

**10:00 A.M. - 10:50 A.M.**

\_\_\_ All Things Jazz Piano

\_\_\_ Hemingway and the Lost Generation

\_\_\_ Afterlife: Heaven, Hell or ?\*\*\*

**10:00 A.M. - 12:00 P.M.**

\_\_\_ Guided Studio

**11:00 A.M. - 11:50 A.M.**

\*Two Weeks Only June 2 & July 9\*

\_\_\_ Pickin', Grinnin' and Fun Stories

\_\_\_ A History of the Ottoman Empire\*\*\*

\_\_\_ Alexander Pope's "The Rape of the Lock"

**12:00 P.M. - 12:50 P.M.**

\_\_\_ Line Dancing

\_\_\_ Yoga for All Levels

**12:00 P.M. - 1:50 P.M.**

\*4 Weeks Only, July 2 - July 23\*

\_\_\_ Writing and Reading Fiction

**1:00 P.M. - 3:00 P.M.**

\_\_\_ Games for Fun

## Online Classes Available Anywhere

### MONDAY

**1:00 P.M. - 2:30 P.M.**

\_\_\_ Book Quest

### TUESDAY

**11:00 A.M. - 11:50 A.M.**

\_\_\_ Functional Anatomy of the Respiratory System

## SCHOLARSHIPS

At LifeQuest, we never want the registration fee to prevent anyone from participating in our programs. For this reason, our scholarships are not income based. Full or partial scholarships are available. There is a form to complete that allows us to track the number of scholarships we use each term. You cannot register online with a scholarship so you will need to contact the LifeQuest office. The application process is confidential and shared only with the LifeQuest staff.

For more information about a scholarship or for the application form:

- Call: 501-225-6073
- Email [info@lifequestofarkansas.org](mailto:info@lifequestofarkansas.org) to request an application form.

**Registration:** \$70\_\_\_

**Trio's Wine Tasting:** \$50\_\_\_

**Annual Library Fee:** \$50\_\_\_

**Donations/Tributes:**  
Donations: \$\_\_\_

In honor/memory: \_\_\_\_\_

**Total Cost:** \$\_\_\_

**\*\*\*Denotes a Hybrid class that has an online option and is recorded.**