



WHERE ACTIVE ADULTS COME TO LIVE, LAUGH AND LEARN!

History & Mission

LifeQuest began in 1981 as Shepherd's Center of Little Rock.

To provide older adults opportunities for lifelong learning and meaningful volunteer service in the community.

Members

LifeQuest members participate in classes both in-person and online via Zoom and Facebook.

Non-denominational, nonprofit organization providing quality adult programming to seniors in Arkansas, in several surrounding states and beyond.

Program

LifeQuest is an important resource for older adults to combat isolation and stay mentally sharp and physically active.

"It's like a small, liberal arts college for retirees." Continuing education classes are offered in four, 8-week terms during the year for \$65 per term!

Support

Support received from faith-based congregations, sponsoring corporations, and individual donations.

Generous donations allow registration fees to remain low and scholarships to be offered.

Volunteers

ALL of LifeQuest instructors are volunteers!

Volunteer-driven, LifeQuest is governed by a volunteer board of directors and hundreds of helpful volunteers who keep us going strong!

2022 Impact and Financial Summary

Enrollment

1400 members attended from Central Arkansas, 22 Arkansas cities, six states, and two countries.

Growth in enrollment 2020 to 2021 = 3.4%
2021 to 2022 = 19.5%

Enrollment for Winter Term 2023 is 45.9% higher than Winter Term 2022.

Program and Volunteerism

In-person classes promote social engagement. Online classes enable participation from outside of Central Arkansas, and for those who are caregivers or have mobility issues.

In 2022, 147 classes were taught by 272 volunteers instructors.

- Of these classes, 87 were hybrid or online

Volunteer hours contributed to LifeQuest in 2022 = **9,168**

- Of all volunteers, including board members, LifeQuest instructors dedicated approximately 4,352 hours of their time.

Operating Budget = \$280,000

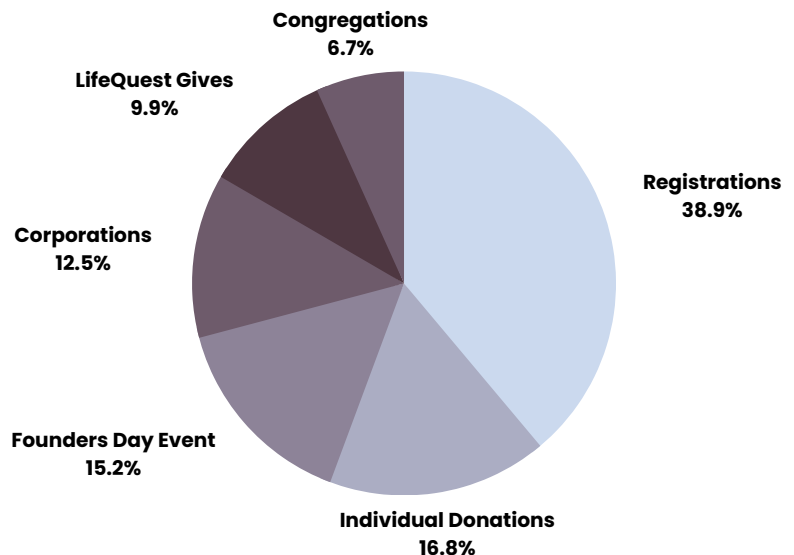
Registration fees cover 30% of LifeQuest's operating costs.

Assets = \$ 288,000

Major sources of annual funding and % of revenue:

TOTAL: \$224,228

Registrations = \$84,650
Individuals = \$36,522
Founders Day = \$33,104
Corporations = \$27,250
LifeQuest Gives = \$21,486
Congregations = \$14,675





Board of Directors

Chuck Goldner, Chair
Mary Frances Cotham, Vice Chair
Nancy Fleming, Secretary
Martha Hunt, Treasurer
Chuck Chappell
Pat Goss
Leon Kaplan
Doris Krain
Kristen Lippencott
June Lloyd
Beverly Milford
Marvin Schwartz
John Shock
Sherri Simon
Cathy Slater
Laura Spradley
Mike Walden
Lindsay White
Bev Wittenberg

Curriculum Committee

Rich Roy, Chair
Wayne Chapman
Chuck Chappell*
Charlie Frith
Regina Gibson
John Mize
Doris Krain
Martha Hunt
Mary Sha Moriarty
Anne Parat*
Melanie Pilcher*
Roby Robertson
Jeanne Rollberg
Angela Sewall
Sheri Simon
Eileen Turner
Elizabeth Vines
Connie Wardell
Ann West*
Dick Williams*

*Advisory Committee

LifeQuest Staff

Leah Greenfield, Executive Director
Heather Thompson, Business Manager
Gina Bridges, Program Director
Donna Elkey, Program Coordinator



Corporate Sponsors 2022

Arkansas Heart Hospital	\$7,500
Arkansas Democrat-Gazette	\$7,500 (in-kind)
Arkansas Blue Cross and Blue Shield	\$5,000
AARP Arkansas	\$5,000
Right at Home	\$2,500
ServiceMasters Restoration	\$2,500
Bank of Little Rock	\$1,000
The Blake at Chenal Valley	\$1,000
Chenal Pines Retirement Resort	\$1,000
Presbyterian Village	\$1,000
Visiting Angels	\$1,000

Total corporate giving = \$25,750

Supporting Congregations 2022

Christ the King	\$3,500
Second Presbyterian Church	\$3,000
Grace Presbyterian Church	\$3,000
Pulaski Heights UMC	\$2,000
Our Lady of Holy Souls	\$1,500
Christ Episcopal Church	\$1,000
St. James UMC	\$1,000
Temple B'nai Israel	\$1,000
Unitarian Universalist Church	\$685
Grace Lutheran Church	\$300
Westover Hills Presbyterian	\$250
St. Michael's Episcopal	\$100

Total congregational giving = \$14,675



EDUCATIONAL PARTNERSHIP AGREEMENT 2023

LifeQuest of Arkansas - Our Mission

To enhance life's journey during the middle and later years through lifelong learning and meaningful volunteerism within the community.

Central Arkansas Library System - Our Mission

The Central Arkansas Library System provides resources and services to help residents reach their full potential, and to inspire discovery, learning, and cultural expression.

Benefits

As both organizations' missions so closely align, the purpose of this educational partnership is to assist in the promotion of each organization's programs and services. The benefits of cross-promotion will be to encourage attendance in each organization's programs to the benefit of each member groups and the community at large.

Expectations

Expectations of CALS:

- Provide one, annual 8-week class taught by CALS professionals and presenters. The topics are proposed by CALS and up to review and approval by the LifeQuest Curriculum Committee who plans the LifeQuest schedule of classes.
- Promote LifeQuest registration times and other programs, at least quarterly, but at other times of the year as CALS approves.

Expectations of LifeQuest:

- Recognize CALS as an educational partner on the LifeQuest website (with hyperlink) and in the quarterly brochure mailed to 2,000 members.
- Promote special programs through "eblasts" to the full membership throughout the year, as fitting with LifeQuest's mission.



New beginnings and staying connected

2022 was a year of new beginnings for LifeQuest. After two years of online classes for members remote work from home for staff, LifeQuesters began to re-gather for in-person classes and events. LifeQuest's COVID policy of requiring proof of vaccination made attendees feel safer being together and helped to reduce risk of exposure to illness.

2022 was a new experience for many leaders at LifeQuest. After seven years at LifeQuest, I began as Executive Director. The Executive Committee of the Board of Directors were joined by Chuck Goldner as chair, Martha Hunt as treasurer, and Nancy Fleming as secretary. Heather Thompson joined the staff as Business Manager. We've all spent the past year learning and adapting to our new roles, supported as always by LifeQuest members and volunteers.

This year brought into focus the importance of social connection and engagement for older adults' overall well-being. Many members discussed how staying connected with LifeQuest online and in-person was a life-line to combat the isolation they experienced during the pandemic. Staying connected with our members around the state and with other groups such as the Central Arkansas Library System, a new Educational Partner with LifeQuest, is crucial both to our members' and our organization's success.

As LifeQuest rebuilds our enrollment to pre-pandemic levels, I look forward to growing and strengthening connections with members across Arkansas and beyond, and partnering with supporting congregations and sponsoring corporations who believe in our mission.

Leah Greenfield
Executive Director